



**WEST MIDLANDS
INSTITUTE OF
PSYCHOTHERAPY**

Criteria for Accreditation

Please refer to Section 4 paragraphs 1 - 8 of the CPJA document 'Standards of Education and Training' for details of the elements necessary for a sufficient training experience. The document is listed along with the other documents relating to Accreditation on the WMIP website. Please also refer to the Clinical Competencies document who will be used as assessment criteria by our Assessors in conducting their interviews in Stage II of the Procedure.

1. Training

Either:

A postgraduate course of about 500 hours, usually over 4 years, covering the major psychoanalytic theories, clinical teaching and seminars, diversity awareness and risk assessment in clinical practice. Requirements of the course will include at least one substantial piece of written work.

Or:

A portfolio of training equivalent to the above.

2. Personal Psychotherapy

At least 4 years of personal psychotherapy, at a frequency of not less than twice weekly, with a psychoanalytic psychotherapist or Jungian analytical psychotherapist (CPJA/UKCP or BPC Registered).

3. Supervised Clinical Practice

A minimum of 500 hours of clinical practice over a period of at least three years under the supervision of a registered psychoanalytic or Jungian psychotherapist (as above). This must include assessment of suitability for psychotherapy and experience of ending work with clients/patients. You also need to have undertaken at least one case of twice weekly

work, of no less than two years duration, for which you have received once weekly psychoanalytic supervision.

4. Mental Health Experience

Direct experience of patients suffering from serious mental illness, including psychosis, either through time spent working in a psychiatric setting or through a clinical placement in a psychiatric setting of at least 6 months duration.

If these criteria are met, please proceed with your application as directed in the accompanying document 'WMIP Accreditation Procedure'.