



WEST MIDLANDS
INSTITUTE OF
PSYCHOTHERAPY

WMIP e-bulletin January 2021

Dear Colleague,

I write to wish you well during this difficult time. I hope you are all keeping safe and have found creative ways to continue in your practice.

In this edition we have updates concerning WMIP fundraising initiative and the WMIP Conference. The Analytical Psychotherapy Training is promoting their January and March Lectures.

Finally, under the Members section I have included information about two consulting rooms that are available to rent full-time and a link to video lectures of Andrew Samuels and David Morgan, which deal with the current world issues. I would like to thank Smita Kamble for providing me with the link and for liaising with both Andrew and David for their consent. I hope the videos provide some relief and distraction during this time.

Take care,

Shane Sneyd (Editor)



Before Christmas, we told you about Give As You Live, a new online fundraising platform WMIP have signed up to. The donation page is now live on the WMIP website [Support us \(wmip.org\)](http://Support us (wmip.org)) so that any visitors to the website can make a donation to WMIP should they want to.

A few of us have now also experienced, first hand, how easy it is to raise money for WMIP when shopping online, at no extra cost to themselves. You can access the Give As You Live page here www.giveasyoulive.com/join/wmip - signing up is really quick and simple and you are taken immediately to your chosen retailer's website to shop online as you normally would. There are a huge range of retailers included in the scheme, so if you shop online, as many of us are at the moment, please do consider signing up. Thank you



[WMIP Conference - update](#)

The Use and Abuse of Power in Therapy – New Speaker – Dr Fanny Brewster

One of our speakers has had to withdraw and, in light of the renewed attention to racism in society following the killing of George Floyd, we have decided to take the opportunity to refocus the event in this direction. We are delighted to have been able to book **Dr Fanny Brewster, a black American Jungian analyst** and author, as our second speaker.

The format of the day and timings will remain unchanged; Valerie Sinason will speak in the morning, followed by break out sessions with an opportunity to discuss the paper. Fanny Brewster will speak in the afternoon, again followed by break out sessions and then a plenary will pull everything together at the end of the day.

It is hoped the theme will have broad appeal and presents a great opportunity to book some CPD hours for the new year, so please do send this information on to any trainees, other professionals, colleagues and friends who may be interested. I attach the updated flyer for you to send on. There is also more information on the WMIP website <http://www.wmip.org/conference.html>

Date and location

Saturday 20th March 2021 from 10am – 4pm
Online via Zoom

Conference overview

The power imbalance between the therapist and client/patient is an ever present factor in psychotherapy. Valerie Sinason draws on many years of experience of working with people whose lives have been profoundly injured by the abuse of power by others, and considers the healing power of truth, understanding and attachment within the therapy relationship. Fanny Brewster will explore societal issues of racial relations as an intrinsic part of the culture in which our work as psychotherapists exists and of which we need to be aware. The event will be chaired by Alf McFarland.

Tickets

Students and trainees £40
WMIP/UKCP/CPJA members £55
Other professionals £65

Tickets are available to book via Eventbrite by clicking on the following link:
<https://www.eventbrite.co.uk/e/the-use-and-abuse-of-power-in-therapy-tickets-121948147191>

[Analytical Psychotherapy Training](#)

The APT-Birmingham Public Lecture

Saturday 16 January 2021

GAY WEREWOLVES, THE SYMBOLIC LIFE and RELIGIOUS FUNDAMENTALISM: CONCERNING SEPARATION, PROPORTION and METAPHOR

Duine Campbell

On-line via Zoom

Times: 10:15 - 12:45

The deeper dimension of life has been represented and upheld by lively mythology. While Jung valued the symbolism of mythology as the fullest expression of what is largely beyond words, a more modern attitude has been to equate "myth" with "untruth". Such contempt has been seen as underlying some fundamentalist religious sects in their pursuit of fanatical destruction. [My thesis is that a misunderstanding of science and of religion sometimes leads to materialism that encourages a dismissive attitude to the planet and to other people, largely because it diminishes our experience to the merely rational.]

To counter this, I want to encourage you to enjoy some areas of creative activity which seek to embody old truths in new myths and reinvigorate a spiritual dimension in terms of a new and developing body of work that may be more relevant to contemporary minds, without seeking to supersede older, and now slightly shop-soiled mythology which could benefit from refurbishment.

Duine Campbell: After working as a teacher and counsellor for 27 years within secondary education, Duine was accepted for the first intake to WMIP's Training in Jungian Analytical Psychotherapy, and has since then worked in private analytical practice in Droitwich, Worcestershire as a jobbing analytical psychotherapist.

The APT-Birmingham Public Lecture

Saturday 13 March 2021

TANTALUS: FAVOURED BY THE GODS, BANISHED FROM JOY. THE DYNAMICS OF TANTALISATION IN PSYCHOTHERAPY.

Carrie Worrall

On-line via Zoom

Times: 10:15 - 12:45

Myths are symbolic stories that have survived a long time, with a fluidity and amenability to cultural variety that allows them to transcend their historical roots. I think those stories that survive are those that convey psychological truth. This paper explores the myth of Tantalus - a crucial story for our time, dealing as it does with excessive consumption, the failure of satisfaction and the resulting agony of perpetually longing for something beyond reach. Drawing on material from clinical practice, I will explore how tantalisation may become established as a core dynamic in the psyche, resulting in tortured states of mind, including those found in eating disorders and extreme anxiety. How might psychotherapy reinforce or relieve this suffering?

Carrie Worrall: is a graduate of the West Midlands Institute of Psychotherapy's Jungian Training, now called the Analytical Psychotherapy Training. She has taught on the training and has previously published a paper on the inter-relational development of self-agency, in the International Journal of Infant Observation. She works in private practice in Leamington Spa.

MEMBERS



ATTRACTIVE CONSULTING ROOMS AVAILABLE IN KINGS HEATH B14: Two spacious and pleasant consulting rooms are available for rent full-time, following the retirement of colleagues. The building is shared with analytic colleagues Hellen Mabhwani and Rachel Dunkley Jones. Parking is available and both rooms have good ventilation and a reliable internet connection. For further details and to arrange to see the space, please contact Rachel on 07814 536375 or at rachel.dunkleyjones@gmail.com.

Andrew Samuels and David Morgan videos. Please click on link below:

<https://therapyfriends.co.uk/areas/videos/>

THE FORUM

The Forum is accessible at www.wmip.org/wmipforum

You will be asked to log in to the forum page (username: wmicmember, password: psychotherapy)

Once on the forum page you will need to register to use the forum. Please use your own name as a username (not a nickname) and select your own personal password known only to you.

You can contribute to a discussion strand on the forum or initiate one of your own. Share with your colleagues: What you want from WMIP; how we can make psychoanalytic ideas more current in the Midlands; what issues are current for you etc.

We look forward to hearing from you

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