



WEST MIDLANDS
INSTITUTE OF
PSYCHOTHERAPY

WMIP e-bulletin July 2021

Dear Colleague,

In this bulletin we have an update on WMIP Safeguarding strategy and details from the Analytical Psychotherapy Training about their November public lecture, including their forthcoming lecture series 2021/22. Also WMIP are currently trying to appoint a new Treasurer as Alan Beadle will be retiring from the position. If anyone is interested, the post is advertised on the Reach Volunteering website:

[WMIP Treasurer, WMIP | Reach Volunteering](#)

In the members section (end of bulletin) we have an update from the membership committee and information about a Freud Study Group starting in September 2021.

I wish you all a great summer!

Best regards,

Shane Sneyd (Editor)

WMIP Safeguarding Strategy – July 2021

We would like to take this opportunity to update you on Safeguarding. Following WMIP's Quinquennial Review with UKCP early 2020, the WMIP Safeguarding Steering Group was set up in December 2020 to work towards embedding a safeguarding culture within the organisation and ensure that all professional

The group spoke to the membership at this year's AGM highlighting the work that has been done so far and the need for a Designated Safeguarding Lead within the organisation, asking if anyone with experience in this area would volunteer for this role. No one was found, and after careful consideration it was felt that this wasn't feasible for a membership organisation of our size. The Board of Trustees have now written to a contact at BPC highlighting the situation we are in, asking for their advice as to how best to move forwards.

As part of their discussions, the group felt it might be useful for members to consider some hypothetical, clinical scenarios and their safeguarding implications, and a few of these are outlined briefly below:

1. What might you do if you hear about a clinician who seems to have breached significant boundaries with a patient, but the patient does not think so and remains in thrall to this 'therapist'?
2. A patient reports intrusive thoughts and doubts about attraction to children. You know of cases where reporting this has resulted in inappropriate and damaging social services referrals; on the other hand, you know of situations where therapists have not reported and perhaps should have done. This patient perhaps has other obsessive-compulsive traits.
3. A professional responsible for children reports thoughts of a sexual nature about children.
4. During a Covid-19 lockdown, your 25-year-old patient discloses that they are not observing the rules, and have been meeting other people from a dating app, sometimes having sex. They are living at the family home that includes their grandmother who is over 80. Your patient insists the risk to family is minimal as they are all fit and well. What are the safeguarding issues, and what would you do about them?

In the longer term we are also considering setting up workshops for members to talk about such scenarios in a small, confidential setting and we would like to gauge interest in this. **Please drop an email to admin@wmip.org by end of July if you would be interested in attending one of these.**

The question of whether and how to provide more substantial safeguarding training for members is also being considered.

Meanwhile the current guidelines issued by BPC and UKCP are detailed below, for your information.

This UKCP Protocol sets out what is expected of members:

[UKCP-Safeguarding-guidelines-2018 \(5\).docx \(psychotherapy.org.uk\)](#)

[ukcp-safeguarding-protocol.pdf \(psychotherapy.org.uk\)](#)

The BPC policy guidance is at:

Also, every local authority has a Safeguarding contact – members could look up their local one if needed. For example, Birmingham City Council have a page with links: https://www.birmingham.gov.uk/info/20019/children_young_people_and_families/602/who_to_contact_if_you_re_worried_about_a_vulnerable_adult_or_child

Warm wishes,

WMIP Safeguarding Steering Group

Myra Connell, Linda Wisheart, Tim Wood, Sheila Bonas and Kate Leeson

[Analytical Psychotherapy Training](#)

The APT-Birmingham Public Lecture

Saturday 6th November 2021

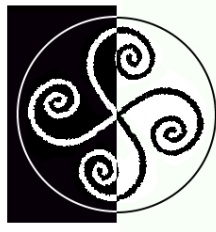
HOW CURIOSITY AS AN INNATE DRIVE EXPLAINS THE DEVELOPMENT
OF THE CONSCIOUS HUMAN MIND AND HOW THIS REALISATION
CHANGES THE WAY WE THINK OF CLINICAL WORK

Philip Stokoe

In this talk, I will describe the necessity of postulating a curiosity drive in order to explain the development of consciousness, that separates humans from other animals. I will explore the consequences for our understanding of human psychological and emotional problems and demonstrate the way that current practices work because they trigger curiosity in the patient and fail because the patient substitutes certainty for curiosity.

Philip Stokoe is a Psychoanalyst in private practice working with adults and couples, and an Organisational Consultant, providing consultation to a wide range of organisations. Philip worked in the Adult Department of the Tavistock & Portman NHS Foundation Trust between 1994 and 2012, he was the Clinical Director from 2007. He is a member of the European Psychoanalytic Federation Forum on Institutional Matters, which studies the nature of psychoanalytic institutions. Philip's book, *The Curiosity Drive: Our Need for Inquisitive Thinking*, was published by Phoenix Publishing House in November 2020.

The APT-Birmingham Public Lecture Series 2021/2022



Saturday 15th January 2022

“DANTE’S DIVINE COMEDY: AN INDIVIDUATION JOURNEY THROUGH
REALMS OF SHADOW TO THE MYSTERY OF TRANSFORMATION”

Murray Stein

Saturday 5th March 2022

ASSISTED REPRODUCTION:

“DONOR CONCEPTION FOR LIFE”

FAMILY OF CHOICE OR FAMILY OF LAST RESORT?

Katherine Fine

Saturday 7th May 2022

IZDUBAR: THE HEALING AND REBIRTH OF THE GOD IN

JUNG’S RED BOOK, 1915-1917

“Set the egg before you, the God in his beginning.

And behold it.

And incubate it with the magical warmth of your Gaze”

Diane Finiello Zervas

Saturday 11th June 2022

WHITENESS. A PROBLEM OF OUR TIME

Helen Morgan

MEMBERS



Membership news

We are glad to welcome two new Affiliate Members, Danielle Cawdell and Zoe Dazazze, and hope they will enjoy taking part in WMIP events and activities.

We are sorry to say goodbye to Vivien Morgan and Ruth De Maine, who are both resigning from WMIP. We thank them both for all they have done for the Institute during their time as members, and wish them well for the future.

Pauline Higham is resigning from the Membership Committee to take up her position as Chair of the Board of Trustees. We shall miss her friendly and efficient work for the Committee, and wish her well in her new role.

We welcome Jinny Sumner as a new member of the Committee and look forward to working with her.

WMIP Membership Committee: Brian Rich, Jinny Sumner and Elaine Wake

Freud Study Group – September 2021

Sigmund Freud was the founder of psychoanalysis that formed the basis for all subsequent talking therapies up to the present day. His writing is original, and his ideas helped to shape the modern world to such an extent that we now take such concepts as the unconscious for granted as it has become adopted by western culture in art, movies and advertising.

Yet many of us, even as trained therapists, haven't really read Freud's own writing. This study group will provide a space to explore four important papers which still have plenty to say about current issues and concerns.

The papers will be sent out in advance and each week in September we will be talking about a paper, introduced and facilitated by Smita Kamble who is a BPC registered psychoanalytic psychotherapist, supervisor and trainer.

Attending the study group you can expect:

- To feel more anchored within the psychodynamic framework
- To feel Freud is more accessible and to talk about his ideas in simple language
- To interest anyone who wants to understand Freud and his impact on the history of ideas and human psychopathology

WEEK 1: 6th September - The Interpretation of Dreams

WEEK 2: 13th September - Beyond the Pleasure Principle

WEEK 3: 20th September - Narcissism

WEEK 4: 27th September - Mourning and Melancholia (Depression)

COST

The cost will be £25 per session, or a discounted £90 for all four sessions. Each session will count as 1.5 hours certificated CPD or 6 hours CPD for all four.

Book now and receive the papers in advance to allow time to read, they are a mixture of short and long papers. For more info please contact Smita Kamble at smita.rk@btinternet.com

THE FORUM

The Forum is accessible at www.wmip.org/wmipforum

You will be asked to log in to the forum page (username: wmipmember, password: psychotherapy)

Once on the forum page you will need to register to use the forum. Please use your own name as a username (not a nickname) and select your own personal password known only to you.

You can contribute to a discussion strand on the forum or initiate one of your own. Share with your colleagues: What you want from WMIP; how we can make psychoanalytic ideas more current in the Midlands; what issues are current for you etc.

We look forward to hearing from you

Our mailing address is:

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