

# WMIP e-bulletin

## October 2016

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### Dear Colleague,

Welcome to this first issue of the WMIP e-bulletin. I hope you find it easy on the eye and user friendly. Please click on any links (images or titles) that are of interest to you and it should hopefully take you directly to the appropriate website.

This edition focuses mainly on forthcoming events and CPD meetings, such as the special event sponsored by Birmingham Literature Festival and West Midlands Institute of Psychotherapy. Acclaimed poet Wendy Cope will be in conversation with poet and psychotherapist, Myra Connell.

For future reference I request a copy of your proposed article for the bulletin approximately 2 weeks ahead of publication. If you have any comments, suggestions or contributions please send them to me at [shanesneyd@gmail.com](mailto:shanesneyd@gmail.com)

Thanks

Shane Sneyd (Editor)

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## Update from the Trustees

The WMIP Trustees would like to thank all those members who attended the Members' Forum in September. (When you listen for a living, who listens to you?) One of the most encouraging things that came out of a useful discussion was a reminder of the multiple informal and formal groups that are happening right across the institute, which reflect the active life of the institute and provide support, containment and a rich professional network for members. We are now wondering if and how we can publicise and support these groups, to encourage more communication between them and more members to form and join such groups, and whether we can or should require members to be part of a CPD group, as a way of helping members meet the requirements of accreditation. If you have a view on this, please contact either Carrie Worrall, [chair@wmip.org](mailto:chair@wmip.org) or Patience Gray, [membership@wmip.org](mailto:membership@wmip.org).

Neuroscience and Race and Culture Groups and multiple peer supervision and reading groups. These are in addition to, and less formal than, WMIP's established training cohort(s) and infant observation seminar groups and the active committees (Ethics, Membership, Events) and the Board of Trustees.

#### Website Working Party

We would warmly welcome interest from any members who would like to be involved in a project-focused, time-limited working party to review and update the WMIP website. Please contact Shane Sneyd or Karin Qureshi, who are leading the working party, if you can spare a few hours over the next 6 months.

Finally we would like to welcome Laura-Ann Essex, who has taken over from Rosie O'Riordan as our administrator with Admin Angels. Thanks to Rosie for helping us with the tricky transition to a new admin service, and we are looking forward very much to working with Laura.

*Tom Camps*      *Hellen-Fair Mahhikwa*

*Jenny Sumner*      *Carrie Worrall*

#### WMIP Trustees

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## Events Committee (EC)

### MONDAY EVENING EVENTS

These CPD meetings take place on the 2nd Monday of the month for the remainder of 2016. From January 2017 the events will be on the 4th Monday of each month. The meetings are generally open to the public but where meetings include discussion of clinical cases they are open to Institute members only.

**Monday 10 October 2016**  
**7.00 - 8.30pm**

**"The Music of Therapy"**  
**Presented by Catrin**  
**Thorp**

**Monday 14 November**  
**2016**  
**7.00 - 8.30pm**

**Joanna Tucker:** 'Seeing is believing' using video feedback in parent-infant psychotherapy.

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## OUTREACH EVENTS

Dear Member

You may be aware of the success of our collaboration with Waterstones in July (Alf's talk on Stephen Grosz's 'The Examined Life'): This was our first 'outreach' event designed to bring analytic ideas to a wider audience. The Events Committee are seeking to continue to build our relationship with Waterstones with a view to staging future similar events; we have one or two ideas already under consideration.

We thought you might like to know that in addition, Waterstones in Birmingham are staging a number of other events which have content that might be of interest to members and others interested in matters of the mind. The attached information has been provided by Waterstones and further details can be found by following the links to their web-site.

Please note that WMIP is not involved in the organisation of these particular events so you will need to approach Waterstones directly for further information and bookings.

Regards

WMIP Events Committee

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### Birmingham Literature Festival

Sunday 9 October, 4pm: **Wendy Cope: Life, Love and the Psyche**

Poet Wendy Cope is widely acclaimed for her funny, fearless and frank take on life. She has published four collections of poetry *Making Cocoa for Kingsley Amis*, *Serious Concerns*, *If I Don't Know*, and *Family Values*. She has also edited several anthologies of comic verse, including *Heaven on Earth: 101 happy poems*.

Cope's prose collection, *Life, Love and The Archers*, details her inspirations, her depression and her experience of psychoanalysis. She says: "Poetry is about telling the truth. The poet and psychoanalyst are

In this special event, sponsored jointly by Birmingham Literature Festival and West Midlands Institute of Psychotherapy, Wendy will be in conversation with poet and psychotherapist, Myra Connell, to explore the relationship between psychoanalysis and creativity, and the effect of Cope's psychoanalysis on her writing.

The event will close with Wendy reading from some of her best-loved work

Tickets: £12/£9.60 from [www.birminghamliteraturefestival.org](http://www.birminghamliteraturefestival.org) / 0121 245 4455 (Concessionary rate for WMIP members booking by phone – just say you are a member)

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[Training in Contemporary  
Psychoanalytical Psychotherapy  
Committee \(TCPP\)](#)

[Jungian Training Committee  
\(JTC\)](#)

**Seminar 8th October  
2016  
"RETIREMENT AND  
AGEING"  
Presented by  
Mr Simon Archer**

*Simon Archer is a Psychoanalyst,  
Fellow BPS and Senior Member of  
BAP. He works in private practice in  
York.*

**Saturday 5th  
November 2016  
'BETWEEN RED BOOK  
AND REGULATIONS: A  
CONTEMPORARY  
DILEMMA FOR  
ANALYTICAL  
PSYCHOLOGISTS'**

*George Bright is a Training and  
Supervising Analyst of The Society  
of Analytical Psychology. He works in  
private practice in West London.*

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**THE FORUM**

The Forum is accessible at [www.wmip.org/wmipforum](http://www.wmip.org/wmipforum)

You will be asked to log in to the forum page (username: wmipmember, password: psychotherapy)

Once on the forum page you will need to register to use the forum. Please use your own name as a username (not a nickname) and select your own personal password known only to you.

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**We look forward to hearing from you**

**Our mailing address is:**

**West Midlands Institute of Psychotherapy**

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*(registered and correspondence address)*

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