



WEST MIDLANDS
INSTITUTE OF
PSYCHOTHERAPY

WMIP e-bulletin October 2018

Dear Colleague,

Welcome to the October e-bulletin of 2018. This edition is packed with some exciting news about two new social dreaming matrices planned for 19th November 2018 and 11th March 2019. Also the Analytical Psychotherapy Training is offering a new introductory course, commencing in January 2019. Finally, our [WMIP library](#) is now settled into its new home at Newman University Library. So please do take a look by clicking on the link above!

For future reference, I request a copy of your proposed article for the bulletin approximately 2 weeks ahead of publication. If you have any comments, suggestions or contributions please send them to me at shanesneyd@gmail.com

Thanks

Shane Sneyd (Editor)

Events



Myra Connell writes:

As you know, WMIP has been functioning without an Events Committee for the past year. At the Members' Forum last year, the members of the committee expressed their frustration at having organised events, only to find that very few people came to them; and it seemed that the best thing to do was to let the committee die and allow something different to emerge. There was a hope that events would happen in an organic way: coming from the grass roots, as there was a desire for them.

I have been involved in organising a few things since then, and I like this model of how to do it. I have enjoyed working, with Rachel Dunkley Jones, to link with the Birmingham Literature Festival; and last year's Social Dreaming Matrix came out of a conversation between me and Rachel about our sense of despair and impotence at where we are as a society, and the desire to have a space where we could address this with colleagues, in the language of the psyche.

I'm writing to encourage others to come forward with suggestions. Perhaps in your work and conversations you wish you knew more about Bion, say; or perhaps there is someone you would like to hear speaking; or perhaps you are newly qualified or about to qualify and you would like to read your final paper to your colleagues – or your infant observation paper. Perhaps you are in a reading group, and you might have something to tell the rest of us about what you are discovering.

Or you might be interested in getting together with a few other members to form a loose group to think about events: not with the brief of putting on a regular programme, but just to meet occasionally to brainstorm and see what might be of interest.

In my experience, the process has been a creative pleasure, and as Kate says below, she and Sinead are keen to help to make sure it is so.

Kate Leeson writes:

As you may remember I contacted all members earlier this year to try and get a clearer picture of WMIP members' views, things you like and things you don't like, and what you would like to see more of; with a view to ultimately improving the member offering. I want to thank you for your time and valuable inputs. Some strong messages came across and I have written a detailed report for the Board of Trustees, summarising my findings.

Well over half of everyone I spoke to cited events, conferences and meetings as things you would like to see more of; both to ensure you meet your CPD requirements, develop your knowledge and of course to meet people and network. So, I am keen to begin here, with events as a key area for focus.

My marketing background means I am well placed to help with the planning, communication and marketing side of WMIP events, but I need to understand from members, the kinds of topic areas within the psychotherapy field you are interested in and relevant contacts you may have who would be happy to speak at an event.

I have produced an information pack containing everything you need to run a WMIP event, to make it easy to set up and run, and this, along with the support from Sinead

this.

So, if you have an idea for an event, or are enthusiastic about helping out as part of a little group to work on an event, please do get in touch. We are keen that this is a 'member driven' process, so the commitment and energy you have for your subject will ensure that helping the event happen is an enjoyable and rewarding task.

Thank you in advance for your help.

Kate Leeson

Email: kate@angelaccounting.co.uk



TWO SOCIAL DREAMING MATRICES

HOSTED BY LAURIE SLADE

Dates and times:

Monday 19 November 2018 and Monday 11 March 2019

7.00 – 9.30 pm

Doors open at 6.30 for prompt 7pm start.

Venue:

Edgbaston Quaker Meeting House, St James Road, Edgbaston, B15 1 JP

Booking and Cost

Free to WMIP members, £20 non-members.

Advance booking only – see application form on website or as sent out by WMIP admin. Please book by Friday 9 November for the November matrix, and by Friday 1 March for the March one.

As we draw nearer to the date when Britain is expected to leave the EU, we are glad to say that we have been able to book Laurie Slade to host two more social dreaming matrices. We held a first matrix in June, with the idea of

You will find Laura Chaisty's excellent review in the July bulletin. I think she spoke for many of us when she wrote that although she knew Brexit was important, she had found it difficult to stay engaged with the media discussions around it. New to social dreaming, she hoped 'that this event, more so than my repeated attempts to engage with the media, might help me stay with this issue and to shake off the world-weariness that threatens to close down my thinking. I was really interested to come at this issue through exploration of the unconscious as it presents itself through dreams ... and the free floating attention of daydreams and associations. I was working on the basis that though my conscious mind has largely shut down to the reportage of the media, my and others' minds have been impacted and, at least at an unconscious level, are trying to take in this enormous change.'

In our collective exploration of dreams and associations, we came up with a richness of imagery about the troubling state of the world we are in, including the image of a labour that is in progress, something which though painful has to be gone through to produce some kind of birth.

These two new matrices are a contribution to helping that labour along.

The events are open to everyone, members and non-members, whether or not you attended the first matrix.

[Analytical Psychotherapy Training](#)

New Introductory Course

The Training in Analytical Psychotherapy (APT-Birmingham) is pleased to offer a new introductory course, commencing in January 2019. This comes in response to numerous enquiries from people who are keen to engage with principles of analytical psychotherapy but who do not wish to start a qualifying training at this point. The course will be a true introduction to depth psychotherapy and will span both psychoanalytic and Jungian traditions, with teachers coming from backgrounds reflecting this diversity. It will take place in Birmingham city centre on Thursday evenings – more details on the attached flier. Please feel free to disseminate the course information to anyone you know who may be interested. If any WMIP

Saturday 10th November 2018

BLUE REMEMBERED HILLS: MIGRATION, LOSS OF HOME

David Morgan

In this presentation I will talk about my work as a psychoanalyst with people who are migrants and asylum seekers. I will refer to the political aspects of this work including the psychoanalyst's role as an activist and/or a representation of the oppressor.

I will draw on my work in refugee centres, with political groups and private practice. I previously wrote a paper 'Is it Coz I'm White' to explore these aspects of transference in "Thinking Space: Promoting Thinking about Race, Culture and Diversity" (Ed Frank Lowe).

Dr David Morgan is a consultant psychotherapist and psychoanalyst, British Psychoanalytic Society both in the NHS and private practice, and worked for many years as a Consultant Psychotherapist at the Tavistock and Portman Clinic NHS Trust. He is a Fellow of the British Psychoanalytic Society (BPAS), training analyst and supervisor (BPA) and training therapist/supervisor for the BPF and Tavistock Clinic. He lectures and talks widely. Including a series of broadcasts called 'Frontier Psychoanalyst'.

<http://www.epf-fep.eu/fre/news/frontier-psychoanalyst-radio-politics-society-and-the-individual>

He has specialised as part of his practice with people who are marginalised in our society (those who carry guilt for the unfair society we live in), e.g. migrants, whistleblowers and socio-political organisations. He provides psychological reports for asylum seekers.

His publications include Lectures on Violence, Perversion, and Delinquency (Karnac, 2007), co-edited with Stan Ruzsyczynski; e-books on narcissism (LSE) love and death and his edited book The Political Mind is in press.

“THE CONDITION OF TRUTH IS TO ALLOW SUFFERING TO SPEAK”

J.J. Bola

JJ Bola will combine reading some of his poetry, which has a focus on migration and loss, and talking about some of his experience as a first generation migrant.

RESIDUES IN THE ANALYST OF THE PATIENT'S SYMBIOTIC
CONNECTION AT A SOMATIC LEVEL:
UNREPRESENTED STATES IN THE PATIENT AND ANALYST

Geraldine Godsil

This paper discusses the residues of a somatic countertransference that revealed its meaning several years after apparently successful analytic work had ended. Psychoanalytic and Jungian analytic ideas on primitive communication, dissociation and enactment are explored in the working through of a shared respiratory symptom between patient and analyst. Growth in the analyst was necessary so that the patient's communication at a somatic level could be understood. Bleger's concept that both the patient's and analyst's body are part of the setting was central in the working through.

Geraldine Godsil is a training analyst and supervisor with the British Jungian Analytic Association. She has been Clinical Director of a London based organization providing brief therapy to employees of various companies and worked for several years in the NHS in Yorkshire. She taught and supervised in Estonia for five years. Geraldine has a particular interest in representation and the way dissociation operates at different levels in traumatic histories.

Geraldine currently works in private practice in East London and has a particular interest in supervising difficult cases both here and abroad.

MEMBERS



WMIP Library Information – Access at Newman University.

Opening Hours at Newman University Library

Normal Semester opening hours

Monday 07:30 - 00:00 [staffed 08:45 - 20:00]

2. Location of WMIP Library

Library staff at the Service Desk, Level 1, are very helpful and will direct you on your first visit and answer any questions. Newman librarians are aware WMIP members do not have formal ID

Wednesday 07:30 - 00:00 [staffed 09:45 - 20:00]

Thursday 07:30 - 00:00 [staffed 08:45 - 20:00]

Friday 07:30 - 00:00 [staffed 08:45 - 17:00]

Saturday 07:30 - 00:00 [staffed 11:00 - 15:00]

Sunday 07:30 - 00:00 [Not staffed]

1. Access – WMIP members can freely access the Library during staffed hours. Opening hours do change between semester time and vacation time, so WMIP members are strongly advised to check online before making a trip to Newman.

- http://www1.newman.ac.uk/library/opening_hours.htm

Parking is in the Visitor car park adjacent to the St. Chad building, where the library is housed. (See travel information and link to campus map page 4). St. Chad's is a new building with an unmissable large silver sphere outside. The Visitor car park has an intercom security barrier – give your name and that you are visiting the library to gain access.

Members need to sign in at reception in the foyer of St. Chad's, from where they will be directed the short walk along to the library. During staffed hours the library doors will open automatically as you approach. Turn right on entering to find the Service Desk.

Our collection is found by continuing past the reception desk and is both sides of the first row of shelving that faces you. The collection is clearly labelled at the ends of the shelving and will shortly be further identifiable by a label on the spines.

NB. The 'For Reference Use Only' does **not** apply to WMIP members – it is to prevent all other library users taking books from our collection out of the library.

3. WMIP Loan and Return Book is held securely at the Library Service Desk. It is clearly labelled as such and Staff are aware of its existence. The system for recording members' borrowing and return of books will continue to operate as before ie members enter their name, contact number and title of the book borrowed and tick the final column on return of the book. Please reshelve your books on returning them - though you may find library staff only too willing to do this for you!

Our library collection will not form part of Newman's library catalogue and therefore cannot be 'searched'. Members will have access to an updated WMIP library catalogue either on our own website or from individual mailing.

Members may like to know that they can apply for external membership of Newman Library, which enables borrowing from the full library stock and access outside staffed opening hours, though excludes access to computers or electronic resources..

Three months membership costs £10, an annual subscription £50. Information and application forms are available at the Service Desk. There is an extensive Counselling and Psychotherapy section on Level 2, which members may find worth visiting to see what is available and complements our own collection. WMIP members have access to all sections of Newman Library on a reference only basis without external membership.

Please contact Lynette Maple 07850 281552
lynettejmaple@gmail.com

Or Jill Eley 07906 106882
jilleley27@gmail.com

if you have any questions, suggestions or difficulties with accessing the library.

THE FORUM

The Forum is accessible at www.wmip.org/wmipforum

You will be asked to log in to the forum page (username: wmiplib, password: psychotherapy)

Once on the forum page you will need to register to use the forum. Please use your own name as a username (not a nickname) and select your own personal password known only to you.

You can contribute to a discussion strand on the forum or initiate one of your own. Share with your colleagues: What you want from WMIP; how we can make psychoanalytic ideas more current in the Midlands; what issues are current for you etc.

We look forward to hearing from you

Our mailing address is:

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