



WEST MIDLANDS
INSTITUTE OF
PSYCHOTHERAPY

WMIP e-bulletin January 2022

Dear Colleague,

Happy New Year!

In this edition we have a New Year message from the trustees. Also, The Analytical Psychotherapy Training is promoting their March and May public lectures. Finally, please do take the time to look at the Members News and Views section below, which contains the obituary for Joan Woodward.

For future reference, I request a copy of your proposed article for the bulletin approximately 2 weeks ahead of publication. Half a page maximum please. If you have any comments, suggestions or contributions please send them to me at shanesneyd@gmail.com

Best regards,

Shane Sneyd (Editor)

New Year message from the trustees;

Dear Colleagues

Whilst hoping that everyone's festive period was as enjoyable and peaceful as possible given the current circumstances, we just wanted to say "Happy New Year" to you all, and to wish you good health and a sense of fulfilment in all that you do during 2022.

closure of the Training in Contemporary Psychoanalytic Psychotherapy which has been a central part of WMIP for many years. **We are inviting Members to contribute to the e-bulletin memories, feelings and thoughts about the significant meaning and contribution of the Training, and the closure of it.**

Yet, in spite of everything, there is a palpable sense of energy and optimism within WMIP that is reflected in the fruitful networking with other organisations that is taking place, and in the plans for the CPD events and conferences that are underway. Our heartfelt thanks to all those who are making this possible.

We look forward to an interesting and lively 2022, and thank you all for your continued loyalty to WMIP.

With best wishes,

Pauline Higham (chair), Niall Martin, Mary Kent, Alan Beadle, Bryan Arnott, Diana Houlston

[Analytical Psychotherapy Training](#)

The APT-Birmingham Public Lecture

Saturday 5 March 2022

**ASSISTED REPRODUCTION: "DONOR CONCEPTION
FOR LIFE"**

FAMILY OF CHOICE OR FAMILY OF LAST RESORT?

Katherine Fine

Times: 10:15 - 12:45

The task of mourning the loss of a "natural" conception offers the promise of re-defining the very nature of modern family. This talk is about the emotional and psychological impact on people who have used or are thinking of using one of the new reproductive technologies, to conceive a child. Advances in medical treatments form part of a burgeoning global fertility industry. Thus, families can be conceived, by using IVF, ICSI, by donated eggs or sperm, by surrogacy, by egg sharing schemes, with numerous medical "optional add-ons". The

Powerful conscious and unconscious fantasies can be aroused, which may reawaken early anxieties and developmental struggles. In the work of psychotherapy, the capacity to hold in mind and explore feelings of loss, ambivalence, shame, disappointment or inadequacy, can help parents and clinicians to relinquish the agonies suffered, along their journey. What becomes the family narrative has the potential to evolve and reach what Melanie Klein (1957) describes as the depressive position, offering a resolution, with a state of gratitude for the "family of choice".

Katherine Fine: is a psychoanalytic psychotherapist with the British Psychotherapy Foundation (BPF), working in private practice in London. She is a Clinical Associate of the Independent Psychology Service (IPS) and, a visiting lecturer and supervisor at WPF Therapy in London. A member of the Donor Conception Network since its inception in 1993, she has facilitated both "Preparation for Parenthood" and "Talking and Telling" workshops. She is editor of: "Donor Conception for Life: Psychoanalytic Reflections on New Ways of Conceiving the Family" (Routledge 2015)

The APT-Birmingham Public Lecture

Saturday 7 May 2022

IZDUBAR: THE HEALING AND REBIRTH OF THE GOD IN JUNG'S RED BOOK, 1915-1917

***"Set the egg before you, the God in his beginning.
And behold it.***

And incubate it with the magical warmth of your Gaze"

Diane Finiello Zervas

Times: 10:15 - 12:45

Jung's encounter with the Babylonian Bull Man Izdubar in The Red Book deals with the sickness of western materialist culture, the mythical wisdom of the east, the decline and rebirth of the god, man's primary role in the renewal of the new god image for a new age, and the importance of the symbol and visual imagery. In this seminar, I will discuss the Izdubar text and the visual imagery, with an emphasis on Jung's creative process, which developed from visual simplicity to symbolic complexity. By working with the creative imagination and the transcendent function, Jung created a new visual world in service of

Diane Finiello Zervas is a Senior Training Analyst with the Independent Group of Analytical Psychologists. She is one of the founders of the London Circle of Analytical Psychology, which organises seminars on Jung's Red Book over a two-year cycle. She is also an art historian, having written extensively on Italian Medieval and Renaissance art. Her essays on Jung's art related to The Red Book years have appeared in *The Art of C.G. Jung* (2019), and *Phanes.Journal for Jung History* (2019 and 2020). She is currently writing a book themed around Jung's first English seminars in 1919 and 1920.

MEMBERS



Obituary for Joan Woodward

It is with sadness that I write to inform you of the death of my long term friend and colleague Joan Woodward on 20th November. Joan had an indomitable and campaigning spirit which influenced her life. When I first met her in 1972 at Birmingham Brook Advisory Centre (BBAC) she was pioneering work in psycho-sexual counselling especially vaginitis and, as ever, writing about it.

Joan was born in 1926. She was a twin and tragically her sister, Pamela, died when they were three years old. This loss had a profound impact on Joan and was the direct cause of her later establishment of the Lone Twin Network and the publication of her book *The Lone Twin- Understanding Twin Bereavement and Loss* (1988).

Qualifications as a teacher in 1948 and as a psychiatric social worker in 1953 led to work at Ealing Child Guidance Centre.

In 1957 Joan moved to Birmingham to marry John. She worked in the children's ward of the Burns Unit at the Accident Hospital. Here Joan undertook a major piece of research into the effect of severe burns on children and their families which led to radical changes in clinical practice. Subsequently while at home with her two children she set up the Birmingham branch of the National Association for the Welfare of Children in Hospital.

WMIP resulted in full membership of the newly established institute in 1980.

In 1984 Joan was a leading member of the group that set up the Birmingham Women's Counselling and Therapy Centre (WTC) and key to it becoming part of the local NHS provision. Energetic as ever Joan wrote *Understanding Ourselves: The uses of Therapy* which was published in 1988 and she was also active in the Older Feminist Network. In 1990 contemporary NHS regulations meant that she had to reluctantly retire from the WTC. She continued in private practice for several more years.

John died in 2004 and in 2013 Joan moved to the Hagley Road Retirement Village where she continued to be active in her community and published another book in 2019, *Discover Attachment Theory*. Having undergone psychoanalysis as a child and an adult Joan had reservations about Freudian theory. She found a therapeutic home in the work of John Bowlby on attachment. She always strived for accessibility, wanting to give people the tools to understand themselves and their motivations.

I have only given a flavour of Joan's spirit of constantly seeking deeper understanding, her sincerity and compassion, her capacity for friendship and humanity. She is much missed by her family, children and grandchildren, and by all her friends.

Rosie Hogg December 2021.

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