



WEST MIDLANDS  
INSTITUTE OF  
PSYCHOTHERAPY

# Holding the Frame

Meeting & working with the  
unthinkable

**Katherine Killick**

**SATURDAY 25<sup>th</sup> MARCH 2023**

**10am – 2pm**

**St Martin's in the Bullring,  
Birmingham**

**B5 5BB**

*A morning workshop  
exploring what happens  
when the frame is put under  
pressure.*



# HOLDING THE FRAME: MEETING & WORKING WITH THE UNTHINKABLE

Establishing and maintaining a frame, which facilitates psychotherapeutic work, can be challenging because of issues constellated at the most primitive levels of the psyche.

Enactments in relation to the frame can present dilemmas for the therapist which feel insoluble because they present events that are in fact insoluble in psychic reality. A grasp of the meaning and potential significance of these enactments can develop the therapist's capacity to establish an interactive field within which early trauma, anxieties and defences can be engaged and worked with.

This workshop will offer a working definition and understanding of 'the frame' within the psychoanalytic tradition and explore its significance with reference to case material and application of theory.

The nature and meaning of the frame and attacks on it and other enactments in relation to the frame will be explored and considered in relation to participants' experiences.

**Please do come to the session with your thoughts and examples/clinical experiences to explore in small groups.**

## BACKGROUND READING

Should you want it, introductory reading on the subject of the frame can be found in: 'An Introduction to the Therapeutic Frame' by Anne Gray (Routledge). An additional reading list will be issued after the event.

### FEE

**£30 Student/Trainees**

**£55 WMIP Members (£45 Early Bird)**

**£65 Qualified (£55 Early Bird)**

## KATHERINE KILLICK

Katherine Killick is a Training Analyst of the SAP and a Training and Supervising Analyst of the BJAA. She has worked in private practice as a Jungian psychoanalyst for 30 years. Before training as an analyst she worked for over 15 years in NHS psychiatry and developed a specialised Art Psychotherapy approach for patients in acute psychotic states. Katherine teaches regularly on the Adult Analytic and Psychodynamic Psychotherapy Trainings at the SAP, and on the Analytical Psychotherapy Training at the WMIP. She co-edited the book 'Art, Psychotherapy and Psychosis' (Routledge 1997) with Joy Schaverien, and edited the book 'Art Therapy for Psychosis: Theory and Practice' (2017) for the International Society for Psychological and Social Approaches to Psychosis. The workshop will include a presentation of the paper 'Soundless Screaming: Psychotic Anxiety and Analytic Containment' which Katherine delivered at the IAAP conference in Copenhagen in 2013.

## TIMETABLE

**10:00 am** Registration and welcome

**10:15 am** Introduction

**10:30 am** Small group discussion

**11:15 am** Break

**11:30 am** Katherine Killick

**12:00 pm** Lunch (BYO or buy from a local cafe)

**12:45 pm** Small group discussion

**1:15 pm** Break

**1:30 pm** Plenary

**2:00 pm** Close

## VENUE

St Martin's in the Bullring, Edgbaston St, Birmingham B5 5BB

## BOOKING

Booking is required for this event.

Completed booking forms should be emailed to:

[admin@wmip.org](mailto:admin@wmip.org). Early bird discount available (see booking form for details).

## CPD CERTIFICATES

Requests for certificates (3 hours) should be sent to the above email after the event.