

WEST MIDLANDS
INSTITUTE OF
PSYCHOTHERAPY

WMIP e-bulletin

October 2022

A message from the Board of Trustees

Dear Colleagues,

As a Lay Trustee Board member at WMIP for the past twelve years, it is a privilege and a pleasure to have the opportunity to speak to the membership through this quarterly Bulletin. The present Board of Trustees is composed of Pauline Higham (Chairperson), Diana Houlston (Hon Secretary), Rev Mary Kent, Bryan Arnott and Niall Martin.

Since I joined WMIP as a Lay Trustee, the main aim of the Board of Trustees (BOT), has been to create a committee that could respond rapidly, appropriately and innovatively to the everchanging legal, professional and administrative demands made on WMIP.

The demands facing WMIP and the BOT over the past twelve years were not insignificant and included issues such as ensuring accurate compliance with the articles of WMIP, declining finances, declining membership mainly due to retirement, closure of the Psycho Psychoanalytic Training, changes in the Charities Commission, Banking and professional body requirements, Covid, and replacing Admin Angels administrative arrangements following their resignation from WMIP.

In my opinion WMIP's BOT response to these major changes has been more than satisfactory. Adherence to the Board of Trustees obligations towards the Articles have been clearly defined and complied with. Thanks to our Treasurers, previously Alan Beadle and latterly Bryan Arnott, we are well supported in our financial management. Privileges extended to retired members will hopefully retain them holding their experience and professional wisdom within WMIP to nurture younger aspirant WMIP members.

website and brand symbols essential for modern communication. Julie (Jools) Rogers, a superb, conscientious administrator provides BOT with the accurate relevant information required ahead of decision time. Kate Leeson is WMIP's Events and Marketing manager, involved with no less than eleven internal WMIP groups, vital to WMIP's educational credibility status and income, providing CPD and Conferences, which were essential during Covid pandemic.

BOT gratitude must also be extended to the members of the various internal teaching and membership committees without whose industry WMIP could not function. Thanks also must go to the Analytic Psychotherapy Training for the contribution to the success of their training in WMIP. While thanking all participating BOT members and all the WMIP internal committee members over the past twelve years, I would like to acknowledge contributions from Carrie Worrall, Jinny Sumner and Alan Beadle, Diana Houlston and Pauline Higham who have especially contributed to the success of the BOT.

I shall be retiring from the Board of Trustees after the 2023 AGM, when hopefully a replacement Lay Trustee is found, and I request the membership to seek new Professional and Lay Members for the Board of Trustees. I have enjoyed my time on the WMIP Board of Trustees and wish WMIP and the Board of Trustees every success in the future.

Niall Martin

Lay Trustee

On behalf of WMIP Board of Trustees: Pauline Higham, Diana Houlston, Mary Kent, Bryan Arnott.

WMIP Membership Committee - Vacancy

A vacancy has arisen on the Membership Committee (MC). This is a small committee of 3 people, although 4 would be preferable. It is an important committee which has oversight of the Referrals Service which is managed by Rachel Dunkley-Jones and Laura Chaisty; the MC monitors all things related to membership.

Assessing new membership applications is an interesting aspect of the work and then ensuring that new members are welcomed and feel part of the institute. The MC is also mindful of seeking to provide value for money for members. Any applications for UKCP accreditation are dealt with through this committee.

administrator, Jools, manages all of the paperwork such as membership applications.

We would be delighted to welcome a Clinical Associate or Professional Member to the committee. New members of the institute would be welcome to join. Please do give this serious consideration and contact us with any questions about the work.

From the MC: Elaine Wake and Jinny Sumner

jinnysumner@btinternet.com ewwake@googlemail.com

WMIP BPC Representative needed

The next BPC Council meeting (AGM) will be held on 26th November. This Council is made up of representatives from BPC Member Organisations and meets every couple of months.

Rachel Hirschfeld is currently in this role, but due to other commitments within WMIP, she is looking to share this with other BPC registered colleagues. Sharing the role would increase WMIP engagement with the BPC.

Rachel is unable to attend on 26th November, so we are asking if someone would be willing to go along to the meeting on 26th November and share the role with Rachel going forward.

I just want to take this opportunity to say 'thank you' to Rachel for all the work you do for WMIP.

Please can volunteers email admin@wmip.org to express interest or to find out more.

Pauline Higham

Chair of Trustees

CPD Planner - Dates for your diary

04 November 2022	WMIP Film Club - Interstellar
05 November 2022	APTC Public Lecture - Jung's Black Books with Sonu Shamdasani & George Bright
21 November 2022	Birds, Beasts and Babies - Infant Observation paper with Sally McLaren
05 December 2022	WMIP Members' Forum

Keep checking the events page on the WMIP website for details

Birds, Beasts and Babies - Notes from an Infant Observation

**Listen to Sally McLaren present her AWARD WINNING paper
LIVE via Zoom
Monday 21st November 2022**

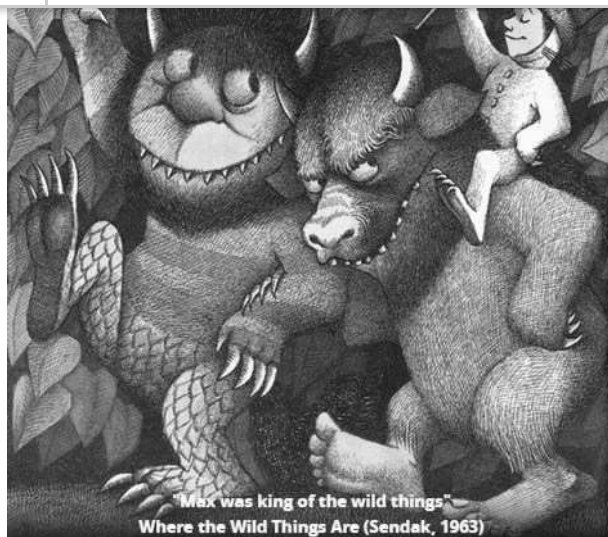
“The centrality of reverie in the relationship between mother and baby, observer and baby and patient and analyst will be our focus.”

This paper, which won the Roszika Parker prize in 2013, is based on Sally's final report covering the second year of her Infant Observation of baby Max. Sally conveys her experience and the impact it has had upon her, taking her into a number of areas:

- into the content and symbolism of what she observed
- into the relationship between observer and child, mother and infant, analyst and analysand
- into stories and mythology

Our child psychotherapy colleague Becky Wylde will be chairing the event, which can help us think about child and adult work alike, and also the process of writing.

To book and confirm your place please email admin@wmip.org. We look forward to seeing you there and appreciate your support for this event.



The APT-Birmingham Public Lecture

Saturday 5th November 2022 via Zoom

JUNG'S "BOOK OF THE DEAD": ON DEATH AND DYING IN THE BLACK BOOKS

Sonu Shamdasani

The Black Books presents not only Jung's confrontation with 'the unconscious', but also his encounter with the Dead. This talk follows Jung's *I Down into The Underworld and Hell* and shows how this resulted in a new understanding of our relation to the Dead, which reconfigured Jung's conception of human development.

Professor Sonu Shamdasani is the Vice-Dean (Health), Faculty of Arts and Humanities, and Co-Director of the Health Humanities Centre, UCL. He is the General Editor of the Philemon Foundation. He is the author and editor of a dozen volumes, which have been translated into many languages.

A COSMOLOGICAL DEVELOPMENT IN TIME: THE INDIVIDUATION PROCESS IN THE LIGHT OF JUNG'S BLACK BOOKS

George Bright

Jung developed an original use for the term "individuation" in the period covered by his Black Book entries, 1913 - 1932. The term has since been used very widely both in the field of psychotherapy and more generally and has suffered from "linguistic drift" in which its meaning has broadened and diversified

which he fashioned his concept of individuation. In this presentation I will try to re-establish what Jung meant by individuation and how this might inform the contemporary practice of psychotherapy.

George Bright is an analytical psychologist, a training and supervising analyst of The Society of Analytical Psychology. He works in private practice in West London and is one of the founder members of The Circle of Analytical Psychology, a group based in London to provide a two-year study course of Jung's The Red Book: Liber Novus and a subsequent course to study Jung's Black Books.

Psychological Professions Network (PPN) West Midlands Information Sharing Update

Earlier this year Sunny Kalsy-Lillico, Chief Psychologist and Psychological Professions Lead in BSMHFT reached out to various organisations in the West Midlands involved in the training and provision of mental health care to form the PPN West Midlands, a Health Education England backed network. I represented WMIP as a provider of UKCP / BPC registered clinicians.

The meetings are about supporting the NHS with planning and workforce development. Essentially the NHS workforce needs to expand and there are likely to be more opportunities for BPC and UKCP qualified psychological therapists to take up NHS posts if they would like.

I have been involved in a career mapping exercise identifying which West Midlands based trainings provide qualified practitioners for the 'NHS family of Psychological Therapists'. I have been able to include WMIP as potential providers for the Adult Psychotherapy category. There are also other categories like, Counsellor, Child and Adolescent Psychotherapist etc.

If anyone has questions or would like to be involved please get in touch. I'll likely bring my input to a close at the end of this year.

Rachel Hirschfeld

WMIP Library Collection Update

Martin and I were very pleased with the speedy and efficient way the library staff at Newman University removed and re-shelved the WMIP members' collection (as a result of giving up some floor-space to create a new, enlarged room for the Student

books and journals rearranged in good order on a roomier range of shelves, still on the same floor, but towards the other end. Turn left after entering, instead of right! We thank the staff for taking such care with our collection and giving it a little more space so that it can be more easily accessed, with books shelved neither very low nor too high.

A reminder that The W.M.I.P library collection is accessible for all members at Newman University during staffed opening hours (see <https://libguides.newman.ac.uk/home>). Outside staffed hours access can be facilitated but it is necessary to contact the library first. The signing out book is at library reception.

Martin's completed Subject Index of the Collection is to be added to the website for members. This should make it easier for members to find items of interest. The 1100 + index cards are also available at the library helpdesk near our collection. Jill's Excel version of the collection is also now complete (if a little messy – do point out irregularities if you wish) and awaiting addition to the website for members. If anyone wants her to send it to them do let her know.

We will continue to consider ways of making extra books available to members and we are also thinking about how we might sell some for the benefit of WMIP: any contributions to this thinking would be gratefully received.

For any queries, please contact Jill Eley - JillEley27@gmail.com Mb: 07906 106882
Any problems accessing the listing on the WMIP website please contact Jools email admin@wmip.org

To access the WMIP Library listing [CLICK HERE](#)

**Consulting room available in Birmingham City Centre to share with Jill Eley.
Separate consulting rooms with shared facilities.**

For further information contact Jill via email:
JillEley27@gmail.com or call on 07906 106882.

MEMBERS'



Update from WMIP Analytic Film Group

Film has much to say about the human psyche and can, like dreams, tell us truths through story, imagery, character, atmosphere, and sound. We offer a forum for creative play whereby we use the range of analytic experience and perspective in the W.M.I.P community to explore films. The format is that you are invited to watch the film before the session and then come together for a discussion group via Zoom. We may pose some questions to kick-start our discussion. The group takes place on Friday evenings and, whilst this is a space for analytical thinking, we also hope to create an enjoyable end of the week experience. This group currently meets once every two months and is free for W.M.I.P members. We select titles available widely on streaming services/ TV/ DVD/at the cinema.

The group is open, so you can attend regularly or drop in. We hope the group will over time develop an identity and grow the connection between film and analytic perspectives within the West Midlands region. The initial 3 groups have been well-attended, and we are now creating break-out groups for discussion to better-facilitate input for members. We welcome you to join us. These events are free and for W.M.I.P members only.

...'audiences do not attend films merely to be entertained. They line up at their local multiplex to encounter long forgotten but still powerful anxieties that stem from universal developmental experiences. They seek solutions to problems in the culture that defy simple answers or facile explanation. The screen in the darkened theatre serves as a container for the projections of their most private and often unconscious terrors and longings. As with all art forms, when we study film, we study ourselves.'
Glen O Gabbard- *Psychoanalysis and Film* - Karnac 2001

Films discussed so far are:

The Power of the Dog (May 6th) - a 2021 Western psychological drama written and directed by Jane Campion, based on Thomas Savage's 1967 novel of the same name.

The Lost Daughter (July 8th) - a psychological drama written and directed by Maggie Gyllenhaal in her feature directorial debut, based on the 2006 novel of the same name by Elena Ferrante.

directed by Sarah Gavron 2021.

The next film group will be on **Friday November 4th 8.00 – 9.30 p.m, where we will discuss Interstellar**, co-written, directed, and produced by Christopher Nolan, starring Matthew McConaughey and Anne Hathaway. Set in a dystopian future where humanity is struggling to survive, this epic science-fiction film follows a group of astronauts who travel through a wormhole near Saturn in search of a new home for mankind. Available on Sky TV or to rent for £3.49 from Youtube, Amazon, Apple TV or Google Play.

If you wish to join us on Friday November 4th, watch Interstellar and email Laura on laurachaisty19@gmail.com for a zoom link to the session. This will be sent out in the week preceding.

WMIP Analytic Film Group



Click PLAY to watch the Interstellar official You Tube trailer



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