

Saturday 10th June 2023

ETHICS & COMPLAINTS: HOW THE PSYCHOANALYTIC APPROACH REQUIRES A DIFFERENT APPROACH TO UNDERSTANDING BOUNDARIES.

Philip Stokoe

In this talk, Stokoe will argue that the nature of boundaries in a psychoanalytic treatment requires a unique approach to ethics and the management of complaints. They are not 'things' that exist independently of the activities of the working couple, they are part of the engagement of that couple. In fact, they act to stimulate conflict. Perhaps it is truer to say that they are not concrete 'rules' that prescribe the behaviour of the participants, as in a legal contract; they are emotional and psychological material that can be stretched and distorted so as to reveal unconscious information. The skill of the therapist and the therapeutic institution is to maintain a psychological balance that allows these apparent rules to be broken without ever completely losing the Hippocratic commitment to do no harm.

Philip Stokoe is a Psychoanalyst in private practice working with adults and couples, and an Organisational Consultant, providing consultation to a wide range of organisations. He worked in the Adult Department of the Tavistock & Portman NHS Foundation Trust between 1994 and 2012, he was the Clinical Director from 2007. Philip is a member of the European Psychoanalytic Federation Forum on Institutional Matters, which studies the nature of psychoanalytic institutions. Philip's book, *The Curiosity Drive: Our Need for Inquisitive Thinking*, was published by Phoenix Publishing House in November 2020 and shortlisted for the Gradiva® Award for Best Psychoanalytic Book in 2021.

APPLICATION DETAILS FOR NOVEMBER 2022

This event will be held via Zoom video conferencing between 10.15am and 3.30pm.

The cost for the lecture is £60 for WMIP / SAP members and £70 for Non-WMIP / Non SAP members

Bookings should be made/confirmed as soon as possible to avoid disappointment.

Please refer to the separate Booking Form.

APPLICATION DETAILS FOR JANUARY, MARCH AND JUNE 2023

These lectures will take place at The Woodbrooke Conference Centre, 1046 Bristol Road, Birmingham B29 6LJ (www.woodbrooke.org.uk) and via Zoom

These lectures will be held between 10:15 – 12:45.

The cost for each lecture is £50 for WMIP members and £60 for non-WMIP members if attending in person. If participating via Zoom the cost is £45 for WMIP members and £55 for non-WMIP members

APPLICATION DETAILS FOR MAY 2022

This event will be held via Zoom Video Conferencing between 10:15 and 12:45.

The cost for this lecture is £45 for WMIP members and £55 for non-WMIP members.

PAYMENT DETAILS

Please make BACS payments as follows:

Account Name: The Training in Jungian Analytical Psychotherapy

Bank: Barclays, Sort Code: 20-08-44, Account No: 03737950

(Please use your name as a reference)

Payment by Cheque: All cheques should be made payable to 'The Training in Jungian Analytical Psychotherapy' and sent to: Sue Harford, Administrator to the Training Committee, Unit 1A, Stockwith Park, Stockwith Road, Misterton, Nottinghamshire.

DN10 4ES. Telephone: 07789 545908 Email: aptc@wmip.org



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6th May 2023

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Saturday 5th November 2022

**JUNG'S "BOOK OF THE DEAD":
ON DEATH AND DYING IN THE BLACK BOOKS**

Sonu Shamdasani

The Black Books presents not only Jung's confrontation with 'the unconscious', but also his encounter with the Dead. This talk follows Jung's *I Down into The Underworld and Hell* and shows how this resulted in a new understanding of our relation to the Dead, which reconfigured Jung's conception of human development.

Professor Sonu Shamdasani is the Vice-Dean (Health), Faculty of Arts and Humanities, and Co-Director of the Health Humanities Centre, UCL. He is the General Editor of the Philemon Foundation. He is the author and editor of a dozen volumes, which have been translated into many languages.

**A COSMOLOGICAL DEVELOPMENT IN TIME: THE INDIVIDUATION
PROCESS IN THE LIGHT OF JUNG'S BLACK BOOKS**

George Bright

Jung developed an original use for the term "individuation" in the period covered by his Black Book entries, 1913 - 1932. The term has since been used very widely both in the field of psychotherapy and more generally and has suffered from "linguistic drift" in which its meaning has broadened and diversified considerably to the point of near-meaninglessness. Jung's Black Books record the experiences out of which he fashioned his concept of individuation. In this presentation I will try to re-establish what Jung meant by individuation and how this might inform the contemporary practice of psychotherapy.

George Bright is an analytical psychologist, a training and supervising analyst of The Society of Analytical Psychology. He works in private practice in West London and is one of the founder members of The Circle of Analytical Psychology, a group based in London to provide a two-year study course of Jung's *The Red Book: Liber Novus* and a subsequent course to study Jung's Black Books.

Saturday 14th January 2023

WHEN TOMORROW IS TODAY

Judith Anderson

UN Secretary General Guterres says that "the global climate target is on life support". In facing the climate crisis, we can feel personally daunted, at a loss to see what part can be played by psychological professionals in general and Jungian psychotherapists in particular. In this presentation Judith will offer ways in which the imaginal and relational offer possibilities to strengthen relationships and resilience. Perhaps we can think together about what this can contribute to the situation.

Judith Anderson is a Jungian Analytical Psychotherapist with a background in psychiatry. Interested in the intersection of psychotherapy with societal issues for many years, she has been particularly focussed on the climate crisis for over 15 years. She is currently Chair of Climate Psychology Alliance, an organisation with an international reach which researches and publishes, develops methods of therapeutic support, provides CPD for psychological professionals, has a particular concern for Youth and offers talks and consultation for organisations and businesses.

Saturday 4th March 2023

**THE SELF AND THE QUINTESSENCE.
IMPLICATIONS FOR CLINICAL PRACTICE AND INDIVIDUATION.**

Dr Christine Driver

Emerging from my experience of clinical work I began to realise that many theories of development were insufficient to describe the complexity of who we are.

I became aware that number symbolism, Jung's work on alchemy, the dynamics of the psyche/self and ideas about the quintessence (the essence of matter and being) provided a much richer perspective from which to consider the self and its potential.

This talk will consider, using clinical examples, how such ideas enable a deeper exploration and understanding of the self and how the concept of the quintessence provides a symbol from which to consider and examine the potential, known and unknown, within ourselves.

Dr. Christine Driver is a Fellow of the Foundation for Counselling and Psychotherapy (FPC) and a Training Analyst of the Society of Analytical Psychology (SAP). She was Director of Training and Clinical Services at WPF Therapy, and teaches, supervises and works in private practice. She has written *The Self and the Quintessence: A Jungian Perspective* (2020, Routledge) and co-written and co-edited *Being and Relating in Psychotherapy* (2013, Palgrave), *Supervision and the Analytic Attitude* (2005, Whurr) and *Supervising Psychotherapy* (2002, Sage).

Saturday 6th May 2023

**LA DANSE MACABRE:
DANCING WITH DEATH AS A NIGHT JOURNEY TO LIFE**

Marica Rytovaara



The paper discusses the adolescent's fascination with death in its developmental and destructive aspects, transience and transitions and the archetype of Death as the harbinger of change. Life and death do not merely form a continuous loop but create a constant regenerative paradox where the dance alternates between mimesis and alterity. The talk will be illustrated by case material.

Marica Rytovaara is a Training Analyst of the SAP and on the Advisory Board of the Journal of Analytic Psychology. She is a Training Analyst for the Association of Child and Adolescent Psychotherapy and a Consultant in Adolescent Psychotherapy in an NHS adolescent inpatient unit. Marica has a private practice in North London.