



WEST MIDLANDS
INSTITUTE OF
PSYCHOTHERAPY

WMIP e-bulletin July 2023

A message from the Board of Trustees

Dear Colleagues,

Welcome to the summer edition of our e-bulletin. As you can see there are a number of developments for your information and (hopefully) participation!

Please think about joining us for one of the BPC Consultation meetings coming up soon. Your input is greatly appreciated and an opportunity for us to contribute to this important piece of feedback to the BPC. Not forgetting also the chance to meet, via Zoom, with colleagues.

Introducing new Lay Trustee

Phil Saleh approached the Board of Trustees recently to express an interest in serving as a Board member. He has a keen interest in, and passion for, the promotion of psychotherapy. Following a successful interview and obtaining references we were happy to co-opt Phil onto the Board as a Lay Trustee, pending election at our next AGM in early 2024.

With best wishes,
Pauline Higham (Chair)

On behalf of WMIP Board of Trustees: Pauline Higham, Diana Houlston, Bryan Arnott and Phil Saleh



Phillip (Phil) Saleh is a native of Bristol, but has lived in the West Midlands since the early 1970s. He is married with three children, and lives near Kidderminster in Worcestershire. During his career, he spent a lengthy period in the Civil Service, working in Fraud Investigation for the former Dept of Health and Social Security, before moving into Financial Services, where he became a manager in Training and Compliance for major insurance companies and Estate Agencies. Phil took early retirement in 2009 to look after his youngest son whilst his wife trained as an Anglican Priest. His interests include the arts in general – theatre, painting, and playing musical instruments in particular – and a special interest in the interface between psychotherapy and spirituality. Phil hopes to bring the point of view of a neutral to the role of Trustee, and is looking forward very much to working with the Board in this fascinating field.

CPD planner & dates for your diary

Date	Speaker	Title	Venue
Monday 17 th July 2023 and Friday 28 th July 2023 (6:30pm – 8:00pm)	WMIP – hosted by Sheila Bonas	BPC Consultation meeting – opportunity to feedback back on the new draft document of Standards of conduct, performance and ethics	via Zoom Video Conferencing
Friday 4 th August 2023 (8:00pm – 9:30pm)	WMIP Analytic Film Group	The Father Directed by Florian Zeller	via Zoom Video Conferencing
Saturday 21 st October 2023 (10:30am - 3:30pm)	WMIP: Sonia Appleby	Safeguarding: A Workshop on Ethical Dilemmas in Private Practice	via Zoom Video Conferencing
Saturday 11 th November 2023 (10.15am – 3.30pm)	APT: Birmingham Heather McCartney	In the Stream: Reflections on Translating the Original Protocols for Memories, Dreams and Reflections	St Paul's Convent, 94 Selly Park Road, Selly Park, Birmingham, B29 7LL
Saturday 13 th January 2024 (10.15am – 12.45pm)	APT: Birmingham Murray Stein	"A New Heaven and a New Earth" Individuation as Transformation	via Zoom Video Conferencing
Saturday 9 th March 2024 (10.15am – 12.45pm)	APT: Birmingham Katerina Sarafidou	A Treasure Buried in the Field: The Relevance of the Numinous in Analytic Theory and Practice	St Paul's Convent, 94 Selly Park Road, Selly Park, Birmingham, B29 7LL
Saturday 11 th May 2024 (10.15am – 12.45pm)	APT: Birmingham Jan Abram	The Surviving Object On the Specificity of Winnicott's Intrapsychic Object Relations	St Paul's Convent, 94 Selly Park Road, Selly Park, Birmingham, B29 7LL
Saturday 15 th June 2024 (10.15am – 12.45pm)	APT: Birmingham Renos Papadopoulos	The Commodification of Trauma and Refugees: Dangers and Therapeutic Implications	St Paul's Convent, 94 Selly Park Road, Selly Park, Birmingham, B29 7LL

Missed a WMIP event? Don't forget speaker recordings are available

Keep checking the events page on the WMIP website for details

Have you read the new BPC draft Standards of Conduct, Performance and Ethics yet?

We want to hear what your thoughts on the BPC Consultation on the new draft document of Standards of conduct, performance and ethics. Jools has already circulated information on this, but in case you missed it, the BPC information can be found via the link button below.

You are invited to give feedback as individuals online, but as WMIP is a Member Institute of the BPC, the WMIP Ethics Committee will also respond on behalf of the organisation. So, **we would like to hear from you**. The BPC want as wide a consultation as possible, so you don't have to be a BPC member to participate. You can do this in a number of ways:

Attend a Zoom discussion for WMIP members, either on:

Monday 17th July, 6.30pm-8pm or

Friday 28th July, 6.30-8.30pm

Please register your interest with Jools by emailing admin@wmip.org by cob Friday 14th July.

Or, if you can't make either of the Zoom dates, email your comments to ethics@wmip.org by Monday 21st August.

Click [HERE](#) to access the draft BPC Standards of Conduct, Performance and Ethics document

WMIP Analytic Film Group - watch the film *The Father*, then meet to discuss from a psychoanalytic perspective

Friday 4th August 8pm - 9:30pm online via Zoom

The Father is a psychological drama film directed by Florian Zeller, in his directorial debut. He co-wrote the screenplay with fellow playwright Christopher Hampton and it is based on Zeller's 2012 play *Le Père*. The story follows an octogenarian Welsh man living with dementia.

He refuses assistance from his daughter and as the dementia distorts his perceptions he tries to make sense of his changing circumstances leading him to doubt his loved ones, his own mind and even the fabric of his reality.

"Without resorting to exploitative, amped-up mystery or obfuscation, Zeller and co-writer Christopher Hampton have fashioned a sort of gaslight thriller in which the mind is both predator and prey." (Guy Lodge: Rotten Tomatoes)

This film is available as part of a Netflix subscription until 16th July. It is also available to stream on Google Play Movies & TV £3.49, Amazon Prime Video £3.49, Curzon £4.00, Apple TV £4.99

Email Laura Chaisty laurachaisty19@gmail.com by Weds 2nd August if you would like to join us, and the Zoom link will be emailed to you.

WMIP Analytic Film Group

[Watch the official trailer here](#)

Are your instructions for professional trustees current?

We all are required to have a system in place to make sure our patients are appropriately informed if we are suddenly unable to work due to illness, other circumstances or in the event of our death. It's not the most enticing thing to think about, but we need to do it. To work properly, it is more than a list of patients and contact information. We need to make sure that it will work in terms of next of kin knowing who to call, making sure that the trustees have access to all that they will need (e.g. mobile phone messages, emails, other records). These things may change, so we need to review them and check our arrangements regularly.

We are thinking of running a workshop for members to think about the robustness of their arrangements, and share ideas for good practice. **Please email Jools by the end of July to let her know if you would be interested in attending a workshop on this.**

WMIP Ethics Committee

Click [HERE](#) for current BPC guidance that you may find helpful

Inspire. Engage. Empower with The Access Project - volunteer tutors needed

The Access Project have been enabling young people from underrepresented backgrounds to realise their potential, and access top Universities for the last 15 years.

You can tutor a young person aged between 14-18 years, online, for 1 hour a week; starting from September 2023.

You will be a core component in a unique programme helping to tackle education inequality, and inspire the next generation of

access the University their potential deserves.

All tutoring is delivered online, through a purpose built platform. Tutors have access to our extensive resource library and professional support from our staff, as well as a comprehensive training programme. No prior teaching experience is necessary, as you are provided with everything you need to get started as a volunteer tutor. This includes guidance on lesson planning, topics and resources from The Access Project. Tutorials will typically take place after school hours, starting no later than 6pm, and can be arranged to fit your availability on a week by week basis.

For more information about The Access Project and tutoring opportunities click [HERE](#)

An Introduction to Analytical Psychotherapy A short CPD course to explore key concepts of Jungian psychotherapy

THE COURSE:

The Analytical Psychotherapy Training: Birmingham warmly invites you to join a short 10-week course this autumn in central Birmingham.

In a small group setting, led by experienced psychotherapists, we will cover the key clinical ideas of analytical psychotherapy, including the analytic frame, transference, working with dreams and mother/infant research.

The course will include attendance at our keynote public lecture, on the 11th November 2023.

PARTICIPATION:

We welcome participants from all backgrounds. Previous attendees at our introductory courses have included counsellors, clinical psychologists, those working in pastoral care and spiritual direction, teachers, doctors and social workers.

SEPT – DEC 2023 Saturday mornings 10.15am – 1pm
CENTRAL BIRMINGHAM

Please share with friends and colleagues who may be interested. **For more information, please contact Sue Harford 07789 545908 aptc@wmip.org**
www.aptc-birmingham.co.uk

WMIP's updated website content - do you have any useful resources?

Work continues with the updating of the WMIP website content. As our 'shop window' its important content remains fresh, contemporary and up to date to appeal to anyone who may be visiting the site.

We are keen to have updated valuable resources on the site and would encourage members to **please forward any programmes/articles/blogs/podcasts and video clips that you come across and that you consider to be interesting and relevant to the world of psychoanalysis** to Jools at admin@wmip.org.

Thank you for your support and thank you to Rachel Dunkley Jones and Rachel Hirschfeld who have worked hard updating the content.

Take a look at the updated WMIP website [HERE](#)

You are able to raise money for the West Midlands Institute of Psychotherapy when you are shopping online at over 4,000 top stores including John Lewis & Partners, Expedia and Marks & Spencer. When you shop via Give as you Live Online, they'll turn a percentage of your spend into free funds for us! Simply go to your chosen retail store, select the retailer and start shopping.

MEMBERS'



news &
views

WMIP & Flatpack Festival collaboration - Mediterranean Fever

A wonderful collaboration between the WMIP Analytic Film Group and Flatpack Film Festival brought over 70 people to the MAC in Birmingham on 21st May.

After a brief introduction to the connections between cinema and psychoanalysis by Andrea Sabbatini, whose reflections set us up nicely to watch the movie with a thoughtful eye, we settled in to watch Mediterranean Fever.

What a treat! Maha Haj's stunning (and strangely funny) film compellingly evokes the dynamics of depression and aggression, hopelessness and manipulation, played out through the tense relationship between Waleed, a chronically depressed writer (in therapy), and Jalal, the low-level crook who moves in next door. As their relationship develops, the unconscious balance of power shifts dramatically in ways that feel utterly accurate psychologically.

The well-paced narrative is set against the background of occupation, but apart from a couple of vivid scenes (a violent quarrel between Jamal and Waleed, and a conversation between Waleed and his son) the political is largely implicit, environmental, as omnipresent as the sea air or traffic noise, subtly infiltrating every act. The lens is focussed on the personal drama unfolding, but never as if in a vacuum. It reminded me of the way we might be acutely aware of the 'mood' of a patient's early environment in the consulting room, while staying focussed on the present moment.

The audience, most of whom were not psychotherapists, stayed on for a wide-ranging and lively discussion, expertly facilitated by WMIP's Laura Chaisty. Andrea Sabbatini's analysis was interesting, although his sympathies seemed to lie more with the depressed Waleed than mine did. We talked about depression, gender, and particularly about the meaning of the enigmatic opening scene, which, like a dream, I had actually forgotten about while caught up in the drama... There were many contributions from the floor and the debate could have gone on much longer than time allowed. (It did, in fact, among those of us who retired to the bar afterwards.)

This was a terrific event, very well presented, in an excellent venue at a highly accessible ticket price. I felt it was valuable CPD too, and look forward to future collaborations between the WMIP Analytic Film Group and Flatpack Festival.

Carrie Worrall



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