



WEST MIDLANDS  
INSTITUTE OF  
PSYCHOTHERAPY

# Safeguarding: A Workshop on Ethical Dilemmas in Private Practice

**Sonia Appleby**

**SATURDAY 21<sup>st</sup> OCTOBER 2023**

**10am – 3:30pm via Zoom**

*Hosted by  
WMIP's CPD  
Strategy Group*



## **SAFEGUARDING: A WORKSHOP ON ETHICAL DILEMMAS IN PRIVATE PRACTICE**

The workshop will include information about safeguarding services in local government and the legal obligations which apply to all health professionals. Much of the learning will take place in small groups using case studies applying to clinicians and supervisors in private practice. In the afternoon we will consider especially those factors which might lead the counsellor or psychotherapist not to take appropriate action when that means going outside of the therapeutic relationship. Such factors are often intensified for the practitioner working in the relative isolation of private practice.

The trainer will be paying attention to the need for regular breaks and the limits of people's capacity for long periods online.

### **VENUE**

This session will be held via Zoom – details to be sent out via email following confirmation of booking.

### **CPD CERTIFICATES**

Those attending this event will qualify for 5 CPD hours. Certificates will be provided to attendees on request after the event.

## **SONIA APPELBY**

Sonia Appleby qualified as an adult psychoanalytic psychotherapist in 1992 at the London Centre for Psychotherapy and holds both an MSc Health Psychology (research) and an MBA. She has a wealth of experience within the field of child protection working as a generic and paediatric social worker; a professional witness and advocate acting on behalf of children in public and private adoption proceedings; a senior manager within child and adolescent mental services and the Safeguarding Children Lead at the Tavistock Clinic. Sonia has concurrently maintained an adult, psychotherapy practice during her public sector career.

Sonia is the Clinical Director at Rafan House: a small, private service for children, adults, families and couples.

### **BOOKING**

Booking is required for this event – please complete the booking form and email to the office at [admin@wmip.org](mailto:admin@wmip.org) or call 07903 740512 for more information.

### **FEE**

**£65 WMIP Members**