



WMIP e-bulletin

January 2024

A message from the Board of Trustees

Dear Colleagues,

A warm hello to you all as we begin this new year.

I've been reflecting on this photograph of a pathway through trees taken at a nearby park, thinking of going on into the year as a body of people, with a common interest in the promotion and advancement of psychotherapy and a desire to support one another.

I'm grateful for the opportunity to say thank you to all who volunteer in committees and groups thus providing the means by which we can continue this important work for the benefit of the wider community.

In relation to this, in this e-bulletin, you will see an important message from the Membership Committee and an update about changes to the Referral Service.

will put you in contact with the most appropriate person to have an informal chat.

I look forward to meeting with you, if you can attend the AGM on Saturday, 13th April between 2pm and 4pm. This will take place via Zoom to facilitate attendance.

With all good wishes for the New Year from the Board of Trustees.

Warm regards,
Pauline Higham (Chair)

On behalf of WMIP Board of Trustees: Pauline Higham, Diana Houlston, Bryan Arnott and Phil Saleh



CPD planner & dates for your diary

Date	Speaker	Title	Venue
Friday 9 th February 2024 (8pm – 9:30pm)	WMIP Analytic Film Group	Analysis of the film: The Truman Show	Via Zoom Video Conferencing
Monday 26 th February 2024 (7:30pm – 9pm)	WMIP: Elizabeth Simpson	Retirement paper – ‘Thoroughly Unprepared...’	Via Zoom Video Conferencing
Saturday 9 th March 2024 (10.15am – 12.45pm)	APT: Birmingham	A Treasure Buried in the Field: The Relevance of the Numinous in	St Paul’s Convent, 94 Selly Park

Saturday 13 th April 2024 (2pm – 4pm) TBC	WMIP	AGM	Via Zoom Video Conferencing
Saturday 27 th April 2024 (10am – 4pm)	WMIP: Simon Archer	Shame and Psychoanalysis – Better Late Than Never!	St Martins in the Bull Ring, Edgbaston St, Birmingham, B5 5BB
Saturday 11 th May 2024 (10.15am – 12.45pm)	APT: Birmingham Jan Abram	The Surviving Object On the Specificity of Winnicott's Intrapsychic Object Relations	St Paul's Convent, 94 Selly Park Road, Selly Park, Birmingham, B29 7LL
Saturday 15 th June 2024 (10.15am – 12.45pm)	APT: Birmingham Renos Papadopoulos	The Commodification of Trauma and Refugees: Dangers and Therapeutic Implications	St Paul's Convent, 94 Selly Park Road, Selly Park, Birmingham, B29 7LL

Missed a WMIP event? Don't forget speaker recordings are available

If you have an idea for a WMIP event and would like to work with the CPD group's support to bring it to life, please email Alf McFarland alf@mcfarlandpsychotherapy.co.uk or Laura Chaisty laurachaisty19@gmail.com

Keep checking the events page on the WMIP website for details

A message from WMIP Membership Committee

The committee is supported by Jools who undertakes all of the administration. The tasks of the MC are:

1. Field enquiries that Jools cannot.
2. Check membership applications although these will have been received by Jools who follows up any clear omissions.
3. Oversee annual membership renewals: this is an administrative process and Jools handles all of the administration.
4. Initiate the process for independent UKCP accreditation once a completed application is received. (To date just 1 application has been through this process).
5. Oversee members' quinquennial UKCP reaccreditation: Jools deals with all the administration.
6. Oversee the Referrals Service.
7. Quarterly MC meetings.

The amount of time spent fulfilling these tasks varies from week to week; some weeks there is no work to do sometimes there might be 30 minutes - 1 hour of work in a week and at other times there will be more.

I will be stepping down from the MC in June 2024. It is essential that at least one person (professional member/clinical associate) comes forward, preferably before then, to support Elaine on the committee. The institute cannot function without this committee.

Elaine and I would be happy to talk about the committee work to anyone who thinks it is something they would like to do or just want more information about the substance of the work of the committee.

You are invited to join a Zoom discussion about the workings of the Membership Committee on Friday 19th January 2024 at 5pm. It will be an opportunity to ask questions and explore whether or not you would like to become part of the committee. WMIP cannot function or exist without a Membership Committee. Please let us know if you would like to come and we will send you a Zoom link.

Jinny Sumner
Membership Committee

jinnysumner@btinternet.com
evwake@googlemail.com

Changes to the WMIP Referral Service

As you may have seen from my recent email to professional members, I'm stepping down from the Referral Service role that I've done for the last three years. No-one has come forward to take over, which means that we need to rethink the service we offer. This is no longer a task that can be done by one person, given the numbers and complexity of those seeking therapy via this route.

Laura Chaisty, Pauline Higham, Diana Houlston and I met recently to discuss this. We came to the conclusion that we will no longer be able to offer a Referral Service in its current form as an organisation. We will be amending the WMIP website to reflect the change. Enquirers will still be able to contact those on the directory of WMIP therapists individually, but will no longer be able to come through the Referral Coordinators when seeking a therapist.

Our experience has been that it has become increasingly difficult to find professional members who have the capacity to accept referrals, and so we don't imagine that this change will have a great impact on most qualified colleagues. However, we realise that it does have an impact on trainees, both in terms of finding suitable training patients and building a practice during their training. We're therefore in communication with the training committees of both the APT:B and the BTPP as to how this will be managed. Laura Chaisty and Jools Rogers will be supporting us through the transition, and we will continue to respond to those patients who do come through to the service in the interim.

Rachel Dunkley Jones

With Ukrainian Jungians #WUJ update

ARAS, whose website hosts the #WUJ webinar recordings, decided earlier this week to check viewing figures. The number of viewings for each webinar runs into the hundreds. The Ann Ulanov webinar in December was viewed by over 1,300 people in total (live + recordings). With a rather grim start to the year on the international scene, it is heartwarming to see the level of care within the Jungian community for our Ukrainian colleagues.

The number of viewings of the recordings in Ukrainian tell us that the webinars are reaching a much wider community of therapists than just Jungian. This is also good to hear.

Over Christmas we received numerous messages of appreciation for the support offered via the #WUJ events. A common theme was immense gratitude that people from all over the world care and a sense of wonderment at connection. There can be no doubt that the support of colleagues makes a real difference to how our colleagues in Ukraine are surviving this war.

If you missed the Ann Ulanov webinar you can still view it here: <https://aras.org/wujwebinars>, along with the other webinars.

Katerina Sarafidou will be heading the line up for the webinar on 13th February with a great talk entitled: Love Inside-Out: Jung's Black Books as a framework for shaping one's attitude towards life, war and analysis. The flyer for that event is attached.

In the meantime, a very big thank you everyone who in any way supports colleagues in Ukraine, the Middle East and Taiwan through #WUJ.



#WithUkrainianJungians
Walking alongside our Ukrainian colleagues and all those facing erasure

Webinar 13 Tuesday 13th February 2024 18:00 - 19:45 GMT

Katerina Sarafidou & Yuriy Danko
Love Inside-Out: Jung's Black Books as a framework for shaping one's attitude towards life, war and analysis

Chair: Heyong Shen

ALL ARE WELCOME [Book HERE](#)

In association with **GAP** (Guild of Analytical Psychologists), **WorldlyWise**, **ARAS** (Archive for Research in Archetypal Symbolism) & **Sanctus Media**

Click [HERE](#) to **BOOK** this **#WUJ** webinar

APT: Birmingham Public Lecture series

Katerina Sarafidou

Numinous experiences go beyond the limits of conventional understanding and confront us with an object of such power that words to explain it fail. The numinous marks the limits of reason together with a sense of what might lie beyond those limits. Such numinous experiences often arise in analysis and are described in texts, whether they are referred to as numinous, aesthetic, sublime, uncanny or other but the understanding of their nature, value and impact varies widely. This seminar will explore the role of numinous experiences in psychoanalytic and Jungian thought, including as it has been elucidated through Jung's Red Book. It will consider their role for psychological growth and their implications for clinical practice and the analytic attitude. Katerina Sarafidou is an honorary member of the British Jungian Analytic Association and Head of Research at the MSc Psychodynamics of Human Development, run by Birkbeck College and the British Psychotherapy Foundation. She is carrying out academic research at the Warburg Institute and has done educational consultancy work on behalf of several psychoanalytic and Jungian trainings in England. She is one of the three founders of The Circle of Analytical Psychology, which offers a 2-year study on Jung's Liber Novus.

Saturday 11th May 2024

THE SURVIVING OBJECT ON THE SPECIFICITY OF WINNICOTT'S INTRAPSYCHIC OBJECT RELATIONS

Jan Abram

The main aim of this essay is to examine the specificity of Winnicott's object relations in the context of his final formulations (1968 – 1971). Emanating from the classical Freudian model while in dialogue with Melanie Klein's object relations theory, Winnicott evolved a specific object relations theory that is radically different from both Klein and Bion. Psychic survival-of-the-object offers psychoanalysis a 'new feature' and constitutes the specificity of Winnicott's object relations theory intrinsic to his clinical psychoanalytical paradigm. With reference to clinical work the author will highlight the "nature of the therapeutic action of psychoanalysis" to illustrate her proposal psychic survival-of-the-object Jan Abram is a training analyst of the British Psychoanalytical Society and in private practice London. She is President-Elect of the European Psychoanalytic Federation. She has published several books and articles notably *The Language of Winnicott* (1996)

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