



WEST MIDLANDS  
INSTITUTE OF  
PSYCHOTHERAPY

## WMIP e-bulletin July 2024

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### A message from the Board of Trustees

**Dear Colleagues,**

Warm wishes from a very wet and slightly chilly Leicester! This e bulletin includes an update from our board treasurer. We are very grateful to Bryan for keeping an eye on our finances:

*Membership and course revenues are in line with forecast. Costs have generally increased across the board in line with inflation but we expect to record a small surplus in the region of £2k by the 31.7.24 year end and a corresponding increase in the General Fund. Forecasts for 31.7.25 will be presented in the next bulletin along with the final year end position.*

Please do consider joining the board of trustees as we cannot continue without others coming forward.

Hoping you have a restful summer.

**On behalf of WMIP Board of Trustees:** Pauline Higham, Diana Houlston, Bryan Arnott and Phil Saleh



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### WMIP Board of Trustees

Dear Colleagues

**You are invited to join an informal 30-minute Zoom discussion about the workings of the Board of Trustees on Tuesday, 1st October 2024 at 5.30pm.**

It will be an opportunity to ask questions about what we do and explore whether you would like to become a WMIP trustee.

**WMIP cannot function or exist without members on the Board of Trustees.**

**Please email Jools at [admin@wmip.org](mailto:admin@wmip.org) if you would like to come and we will send you a Zoom link.**

*Pauline Higham, professional member and chair.  
Diana Houlston, lay member and honorary secretary.  
Bryan Arnott, lay member and honorary treasurer.  
Phil Saleh, lay member.*



Date	Speaker	Title	Venue
Friday 2 <sup>nd</sup> August 2024 (8pm – 9:30pm)	WMIP Analytic Film Club	TBC	Via Zoom Video Conferencing
Friday 4 <sup>th</sup> October 2024 (8pm – 9:30pm)	WMIP Analytic Film Club	TBC	Via Zoom Video Conferencing
Saturday 2 <sup>nd</sup> November 2024 (10.15am – 2:30pm)	APT: Birmingham Christopher Perry and Rupert Tower	Jung's Shadow Concept: The Hidden Light and Darkness within Ourselves	Via Zoom Video Conferencing
Friday 8 <sup>th</sup> November 2024 (8pm – 9:30pm)	WMIP Analytic Film Club	TBC	Via Zoom Video Conferencing
Saturday 18 <sup>th</sup> January 2025 (10.15am – 12.45pm)	APT: Birmingham Katerina Sarafidou	TBC	Via Zoom Video Conferencing
Saturday 8 <sup>th</sup> March 2025 (10.15am – 12.45pm)	APT: Birmingham Mark Saban	TBC	St Paul's Convent, 94 Selly Park Road, Selly Park, Birmingham, B29 7LL and via Zoom Video Conferencing
Saturday 10 <sup>th</sup> May 2025 (10.15am – 12.45pm)	APT: Birmingham Dale Mathers	TBC	St Paul's Convent, 94 Selly Park Road, Selly Park, Birmingham, B29 7LL and via Zoom Video Conferencing
Saturday 7 <sup>th</sup> June 2025 (10.15am – 12.45pm)	APT: Birmingham Jay Barlow	TBC	St Paul's Convent, 94 Selly Park Road, Selly Park, Birmingham, B29 7LL and via Zoom Video Conferencing

## Missed a WMIP event? Don't forget speaker recordings are available

*If you have an idea for a WMIP event and would like to work with the CPD group's support to bring it to life, please email Alf McFarland [alf@mcfarlandpsychotherapy.co.uk](mailto:alf@mcfarlandpsychotherapy.co.uk) or Laura Chaisty [laurachaisty19@gmail.com](mailto:laurachaisty19@gmail.com)*

Keep checking the events page on the WMIP website for details

## JOIN WMIP Analytic Film Group Friday 2nd August 8pm via Zoom to discuss the film Billy Elliot, directed by Stephen Daldry

Starring: Jamie Bell, Julie Walters, Jean Heywood, Jamie Draven, Gary Lewis and Stuart Wells amongst others.

It tells the tale of the young son of a widowed miner with a talent for dancing and a longing to learn ballet. In a community struggling for survival during the miners' strike and a family in a state of disintegration, there seems little hope that Billy will achieve his dream. Billy's longing to dance on the stage rather than in the boxing ring brings soul searching for the young hero and his father who encounters his own crisis of masculinity.



Click on the image to watch the official trailer

## TO BOOK email Laura Chaisty

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### **An Introduction to Analytical Psychotherapy~ A short CPD course to explore key concepts of Jungian psychotherapy**

Do you have a friend or colleague who would be interested to join The Analytical Psychotherapy Training: Birmingham's short 10-week course this autumn in central Birmingham?

The course covers the key clinical ideas of analytical psychotherapy, including the analytic frame, transference, working with dreams and mother/infant research and includes attendance at the keynote public lecture, on the 2nd November 2024.

Participants from all backgrounds welcomed - previous attendees have included counsellors, clinical psychologists, those working in pastoral care and spiritual direction, teachers, doctors and social workers.

**For more details email: [aptc@wmip.org](mailto:aptc@wmip.org) or visit [www.aptc-birmingham.co.uk](http://www.aptc-birmingham.co.uk)**

*The Analytical Psychotherapy Training: Birmingham*

**Click [HERE](#) to for more information about APT: Birmingham's Introductory course**

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### **APT: Birmingham Public Lecture series Jung's Shadow Concept: The Hidden Light and Darkness within Ourselves Christopher Perry and Rupert Tower Saturday 2<sup>nd</sup> November 2024 Via Zoom Video Conferencing**

The purpose of this talk is to explore the origins of the concept, what Jung meant by "the Shadow", how it operates in our daily lives, and its epigenesis. Also, Jung's development of the concept, differentiating the Personal and Collective Shadow, Complexes, Archetypes, and the Individuation process. The Shadow's development in early life, and the feeling most associated with the Shadow, Shame. Clinical examples will be shared. Jung's Confrontation with his own Shadow in the Red and Black Books, the problem of Evil, the Trickster, Alchemy, and the Shadow in Dreams, with Post-Jungian elaborations and critiques. Film clips will be shown as illustrations of the Shadow's manifestations and processes.

**Christopher Perry** is a retired training analyst and supervisor of the Society of Analytical Psychology, in which he served two terms as Director of Training. He is the author of Listen to the Voice Within: A Jungian Approach to Pastoral Care and several articles on analytical psychology and group analysis. He is interested in the interface between psychotherapy and spirituality. He lives in London.

applied social psychologist and director of an international qualitative cross-cultural research consultancy prior to becoming a Jungian analyst in mid-life. He has published articles on social psychology, market research, and Jung's concept of the Shadow in organisations. He lives and works in Hampstead.

Both co-edited Jung's Shadow Concept: The Hidden Light and Darkness within Ourselves, published by Routledge in May, 2023.

Please share with friends and colleagues who may be interested.

**For more information, please contact Sue Harford 07789 545908 [aptc@wmip.org](mailto:aptc@wmip.org)**

**[www.apc-birmingham.co.uk](http://www.apc-birmingham.co.uk)**

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## Time and Trauma in Analytical Psychology and Psychotherapy The Wisdom of Andean Shamanism Deborah Byron

This book explores the experience of time in psychoanalysis and Andean shamanism. This will interest trainee and practitioner analytical psychologists, and professionals interested in the resolution of trauma in a psychotherapeutic setting.

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5. The Paqos' Direct Experience—Shifting States of Awareness through Ritual
6. Experiencing the Energetic Realm through the Body: Temporality and Atemporality

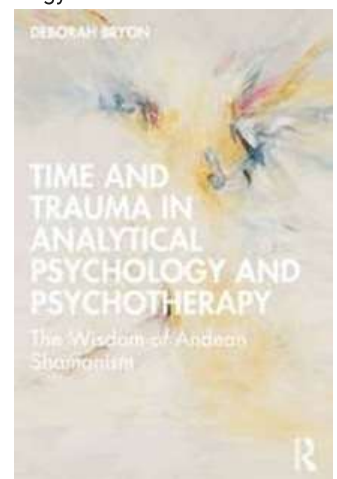
#### PART II: ATEMPORAL EXPERIENCE AND RE-ENTRY

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10. Weaving Together Theories of Psychoanalysis, Andean Medicine, and Quantum Physics
11. Quantum Theory, Human Experience, and the Analytic Encounter
12. Navigating Temporal Reality: The Subjective Experience of Time
13. Conclusion

For more information visit: [www.routledge.com/9781032411385](http://www.routledge.com/9781032411385)



## WMIP Members' News and Views

### 'Facing the Wolf: Traumatic Loss and the Struggle to Mourn' Alison Rolfe, Final Qualifying Paper Read In 20th May 2024

On 20<sup>th</sup> May, colleagues from the WMIP community gathered at Cotteridge Quaker Meeting House to hear Alison Rolfe present her paper, 'Facing the Wolf: Traumatic Loss and the Struggle to Mourn'. An exploration of the clinical challenges posed by patient experiences of complex traumatic loss, the paper discussed in generous detail the power of dissociative defences and

relationship between trauma and loss, and what is at stake in working to bring these concepts together. The paper was attentive throughout to the damage that traumatic loss does to the capacity to mourn, to integrate, and to relate to another, drawing on a flexible range of approaches, images, and theoretical frames offered by Jung, Kalsched, and Winnicott as well as Clarissa Pinkola Estés and a rich vein of mythology and folklore surrounding the figure of the 'lone wolf'. It culminated in a moving and compelling account of how working through traumatic loss required, in this case, a journey for both patient and analyst into Jung's *mortificatio*: the painful alchemical experience of facing a deathly stage in the analysis and a reckoning with putrefaction and disillusionment, to try to grow back towards life. It was a testament to Alison's analytical aliveness that she presented so clearly on the disorienting and deadening feelings and experiences that might, in the end, constitute survival and change.

As a read in of Alison's final qualifying paper for the WMIP training in Analytical Psychotherapy, the evening was an opportunity to celebrate and consolidate the immense achievement that is completing the training and embarking on clinical work as a qualified psychotherapist. This context feels important to mention, not only to congratulate Alison on such an accomplishment, but to speak to some of the most powerful aspects of the paper which, for me, were Alison's dedication to the deep struggles and painful affects a patient may have to face on the journey to psychic change, and to the inevitable and necessary involvement of the therapist in those struggles. In its charting of the therapeutic rapport between herself and a patient who had faced complex traumatic loss, the paper offered not simply a clinical case study but a deep account of the 'person to person relationship' that Jung so valued as crucial to the work. A qualification rooted in the commitment to this relationship is more than a title; it is a way of being that Alison's paper brought vividly to life.

**Erin Lafford**



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**SHOP via GIVE AS YOU LIVE and the WMIP page [HERE](#)**



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