



WEST MIDLANDS
INSTITUTE OF
PSYCHOTHERAPY

WMIP e-bulletin October 2024

A message from the Board of Trustees

Dear Colleagues,

Welcome to the October edition of the Bulletin. It's that time of year when I find my thoughts turn to memories of the harvest festivals of my childhood and the opportunity this gave to express gratitude for all that we have, hence the desire to say thank you in the message that follows.

Below, you will see a message from our administrator Jools, thanking everyone for their thoughts, best wishes and support. I would like to thank her, on behalf of WMIP, for demonstrating the most amazing resilience and determination, not to mention courage, in continuing to keep the administration of the institute ticking over whilst undergoing gruelling treatment for her condition. Thank you Jools. We're in awe of what you've achieved and pleased to hear that keeping things 'normal' was of assistance to you. We wish you an equally successful transition through the recovery phase.

You will also see below a really interesting list of CPD events for which we have to thank all those members who give their time and effort to ensure that the institute is a thriving community in which there are opportunities to share experiences and learn together, and, of course, for the pivotal work undertaken by Kate, our events and marketing coordinator.

And finally, our thanks to Kate and Jools for ensuring the continuation, and success, of the Bulletin.

With best wishes

Diana

On behalf of WMIP Board of Trustees: Pauline Higham, Diana Houlston, Bryan Arnott and Phil Saleh

A message from Jools our Administrator

I would like to take this opportunity to thank everyone for your kind words and support whilst I have been undergoing my treatment, it means the world to me. I finished my treatment last week and will spend the next few weeks recuperating and carrying on with my work, which has been a huge help throughout my treatment, to just carry on and be myself.

Thank you again,

Jools

CPD planner & dates for your diary

Date	Speaker	Title	Venue
Monday 21st October 2024 (7:15pm - 9pm)	WMIP Simon Archer	A Street Car Named Desire: reflections and discussion	Via Zoom Video Conferencing

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Saturday 2 nd November 2024 (10.15am – 2:30pm)	APT: Birmingham Christopher Perry and Rupert Tower	Jung's Shadow Concept: The Hidden Light and Darkness within Ourselves		Via Zoom Video Conferencing
Friday 15 th November 2024 1:30pm	BTPP Narendra Keval	Race in the Clinical Encounter: Listening to the Nuances		Online
Friday 6 th December 2024 (8pm – 9:30pm)	WMIP Analytic Film Club	Good Will Hunting		Via Zoom Video Conferencing
Saturday 18 th January 2025 (10.15am – 12.45pm)	APT: Birmingham Katerina Sarafidou	Fantasy, active imagination and the red book: the emergence of analytical psychology as a distinct discipline of psychotherapy		Via Zoom Video Conferencing
Saturday 8 th March 2025 (10.15am – 12.45pm)	APT: Birmingham Mark Saban	Individuation beyond the individual: a Jungian exploration of the relational field		St Paul's Convent, 94 Selly Park Road, Selly Park, Birmingham, B29 7LL and via Zoom Video Conferencing
Saturday 5 th April 2025 10:30am	BTPP Meg Harris Williams	The dreamer is the thinker: discussion of a dream sequence presented by Donald Meltzer		In person at Custard Factory, Birmingham
Saturday 10 th May 2025 (10.15am – 12.45pm)	APT: Birmingham Dale Mathers	Dreams: The Basics		St Paul's Convent, 94 Selly Park Road, Selly Park, Birmingham, B29 7LL and via Zoom Video Conferencing
Saturday 7 th June 2025 (10.15am – 12.45pm)	APT: Birmingham Jay Barlow	The Umbilical		St Paul's Convent, 94 Selly Park Road, Selly Park, Birmingham, B29 7LL and via Zoom Video Conferencing
Saturday 15 th June 2025 10:30am	BTPP Elizabeth Dennis	Approaching Death and Dying		In person at Custard Factory, Birmingham

Missed a WMIP event? Don't forget speaker recordings are available

If you have an idea for a WMIP event and would like to work with the CPD group's support to bring it to life, please email Alf McFarland alf@mcfarlandpsychotherapy.co.uk or Laura Chaisty laurachaisty19@gmail.com

Keep checking the events page on the WMIP website for details

WMIP Analytic Film Group

A Streetcar Named Desire: Reflections and discussion with Simon Archer

Monday 21st October 2024 7:15pm - 9pm Via Zoom Video Conferencing

WHO DESIRES WHAT, AND WHY DO THEY WANT IT?

This landmark play by Tennessee Williams, - America's Chekov, won him the Pulitzer Prize. It became, a landmark 1951 movie directed by Elia Kazan. It is one of the best transcriptions from stage to film and is regarded as a cinematic masterpiece. The electrifying depiction of raw sexuality by Brando propelled him to stardom but was regarded by some as shocking. Vivien Leigh's extraordinary depiction of Blanche's collapse from prissy, high-minded southern belle into madness is heart-rending. Williams' play tells us about madness, shame and doubt, attitudes to sexuality, class, and much about the author.

This film is available to watch on Amazon Prime video, but make sure you watch the restored 1993 director's uncut version.

TENNESSEE WILLIAMS

Playwright, poet, and fiction writer, Tennessee Williams is a towering figure of American theatre. His twenty-five full-length plays

FORMAT

This is an online event using Zoom. You need to watch the film in advance of the session. Simon will share his thoughts about the main themes of the film before sending us off into small discussion groups. We will come back together for a plenary with Simon to round off the evening

For more information and to book please contact Jools email admin@wmip.org



Click on the image to watch A Street Car Named Desire official trailer

TO BOOK email Jools our administrator

APT: Birmingham Public Lecture series
Jung's Shadow Concept: The Hidden Light and Darkness within Ourselves
Christopher Perry and Rupert Tower
Saturday 2nd November 2024 Via Zoom Video Conferencing

The purpose of this talk is to explore the origins of the concept, what Jung meant by “the Shadow”, how it operates in our daily lives, and its epigenesis. Also, Jung’s development of the concept, differentiating the Personal and Collective Shadow, Complexes, Archetypes, and the Individuation process. The Shadow’s development in early life, and the feeling most associated with the Shadow, Shame. Clinical examples will be shared. Jung’s Confrontation with his own Shadow in the Red and Black Books, the problem of Evil, the Trickster, Alchemy, and the Shadow in Dreams, with Post-Jungian elaborations and critiques. Film clips will be shown as illustrations of the Shadow’s manifestations and processes.

Christopher Perry is a retired training analyst and supervisor of the Society of Analytical Psychology, in which he served two terms as Director of Training. He is the author of Listen to the Voice Within: A Jungian Approach to Pastoral Care and several articles on analytical psychology and group analysis. He is interested in the interface between psychotherapy and spirituality. He lives in London.

Rupert Tower is a senior member of the Society of Analytical Psychology. He studied psychology, worked in the Arts, and was an applied social psychologist and director of an international qualitative cross-cultural research consultancy prior to becoming a Jungian analyst in mid-life. He has published articles on social psychology, market research, and Jung’s concept of the Shadow in organisations. He lives and works in Hampstead.

Both co-edited Jung’s Shadow Concept: The Hidden Light and Darkness within Ourselves, published by Routledge in May, 2023.

Please share with friends and colleagues who may be interested.

For more information, please contact Sue Harford 07789 545908 aptc@wmip.org

www.aptc-birmingham.co.uk

Reasonable rates, wide availability across the week, rooms with and without couch, use of office, kitchen, staff car park, enquiries welcome.

Contact Rachel Hirschfeld, rachel.hirschfeld@zen.co.uk



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WMIP Members' News and Views

Reflections from WMIP Analytic Film Group

Starting with our first Analytic Film Group Meeting in May 2022, we have met every 2 months online on Fridays between 8.00 and 9.30 p.m. to discuss a film chosen by one of the Group. Free for W.M.I.P Members to drop into, the person who suggests the film is invited to introduce it to kick-start discussion focussing on analytical themes in an informal way, with break-out groups when needed according to numbers. We have sustained a healthy attendance at these events (between 6-16 at each session of Professional, Clinical Associate, Trainee and Affiliate members) where much lively, interesting and stimulating discussion has taken place.

Since last year's WMIP AGM, we have also collaborated twice with Flatpack, a mobile arts organisation who develop and promote film events in the West Midlands and run a Film Festival every year. In May 2023 Andrea Sabbadini (Psychoanalyst, author of several books about Psychoanalysis and Film and Director of the European Psychoanalytic Film Festival until recently) was our guest presenter for Mediterranean Fever and he and Amy Smart from Flatpack led a discussion and Q&A for an audience of over 70 people. In December 2023 we collaborated with Flatpack again as part of a British Film Institute Celebration of the films of Pressburger and Powell. This time three members of the Film Group, together with Sam Groves from Flatpack, facilitated a discussion and Q&A with an audience of approximately 50 people. These events reach out to the public as well as members, supporting WMIP's charitable aim of promoting Psychoanalytic thinking within the region. There is the possibility for more collaborations in the future.

The group have recently established a Whatapp group so that information about films, what's on locally, reviews and analytic papers exploring film, can be shared.

2024 films so far:

The Truman Show (1998) – Directed by Peter Weir

2001: A Space Odyssey (1968) – Produced and Directed by Stanley Kubrick

Stalker (1979) – Directed by Andrei Tarkovsky

Billy Elliot (2000)– Directed by Stephan Daldry

Beau is Afraid (2023)- Directed by Ari Aster

Our next public event will be The red-light district of the hysterical mind: Shame, Doubt and Sexuality within the context of the film 'A Street Car Named Desire' presented by Simon Archer. Do come along if you can, we would love to see you there.

We invite all the membership and none membership to join in this online Monday evening event. Simon will explore, through an analytic lens themes of shame, doubt and sexuality in the film. There will be plenty of time for responses to and reflections on the film in both small and larger groups in what promises to be a thought provoking event.

the event. We will be exploring the 1951 film version of Tennessee William's play, starring Marlon Brando and Vivien Lee

The organisation of the group is undertaken by Laura Chaisty, Jill Eley, Sheila Bonas and Alison Rolfe. If any Members are interested in developing ideas for future events, we welcome suggestions and offers of support. We continue to welcome new participants to the group.

...audiences do not attend films merely to be entertained. They line up at their local multiplex to encounter long forgotten but still powerful anxieties that stem from universal developmental experiences. They seek solutions to problems in the culture that defy simple answers or facile explanation. The screen in the darkened theatre serves as a container for the projections of their most private and often unconscious terrors and longings. As with all art forms, when we study film, we study ourselves."

Glen O Gabbard- Psychoanalysis and Film Karnac 2001

WMIP Analytic Film Group



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SHOP via GIVE AS YOU LIVE and the WMIP page [HERE](#)



Our mailing address is:

West Midlands Institute of Psychotherapy
66 Smirrells Road
Hall Green
Birmingham
B28 0LB
Tel: 07903740512

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West Midlands Institute of Psychotherapy · Nairn House · 1174 Stratford Road · Birmingham, west midlands B28 8QA · United Kingdom

