

The Training in Analytical Psychotherapy: Birmingham

West Midlands Institute of Psychotherapy
Member of UK Council of Psychotherapy
Registered with the British Psychoanalytic Council (BPC)

New Intake for September 2025

This minimum four-year course includes personal Jungian analytical psychotherapy, lectures and seminars, supervised clinical work, infant observation, annual essays and psychiatric placement. Teaching is on Saturdays in Birmingham.

The training will bring together the development of personal insight, intensive and well-grounded academic study and practices of observation. The capacity to link insight, observation and theory is the kernel of good practice; its education is the purpose of this training.

Pre-Clinical Year:

This is the pre-clinical stage of the training and normally lasts one year, (but may, in special circumstances, take trainees two years to complete). At the end of the first year all trainees will be carefully assessed for their readiness to begin clinical work.

To progress from the Pre-Clinical year to the Clinical Stage, trainees must:

- a) pass their Pre-Clinical year paper, and complete the Pre-Clinical year Assessment of Learning
- b) have begun to establish themselves in meaningful clinical practice (such as private practice or an approved placement) and arranged supervision with an approved supervisor.

During the Pre-Clinical year, all trainees must complete a six-month psychiatric placement of half a day a week.

Clinical Stage:

Once the Pre-Clinical year has been completed and its requirements successfully fulfilled, a trainee progresses to the Clinical Stage of the Training. This comprises a further three years of the seminar programme plus a two year infant observation. It may take longer than this to complete all the clinical requirements.

Successful completion will lead to BPC Registration (Jungian Psychotherapist section) and Professional Membership of the West Midlands Institute of Psychotherapy.

The application period opened on 1st September 2024 and will close on the 31st January 2025

For further information, including a Prospectus and application form, please contact:-

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